



# NARAYANA

COLLEGE OF NURSING

**ANNUAL  
REPORT  
2024-2025**



**Chinthareddypalem, Nellore - 524 002.**

(Recognized by INC vide Lr. No. 18-916/2002/Inc dt:08-11-2002.  
Affiliated to Dr. N.T.R. University of Health Sciences, Vijayawada., A.P.)  
Accredited by "International Accreditation Organization (IAO), NAAC"

**Message from Principal's Desk****EDUCATION BREEDS CONFIDENCE, CONFIDENCE BREED HOPE, HOPE BREED PEACE**

Greetings from the Narayana College of Nursing.

My warmest congratulations to you for choosing to pursue a career in nursing in order to improve both your personal and professional lives. In India and around the world, the nursing profession is a vital component of the health care system. Regarding the Indian educational system and the employment chances that are available, it has multiplied and established new trends. Compared to the other professional programs offered through India's higher education system, nursing enjoys an equal standing. Because there is just one profession that is expressly trained to provide nursing services, India has the third-largest healthcare professional group in the world, which is a result of these factors. Due to the foregoing, I would want to categorically claim that Narayana College of Nursing, established in the year 2002, is functional in acute liaison with its vision and mission as a universal leader for innovations, research, education, attitude and practice to create positive changes in all health care settings and outcome. The institution features a modern infrastructure, well-stocked library, fully furnished dorms, and a canteen. It also offers laboratories that are ultra-modern, well-equipped, and roomy. Additionally, it features a placement cell that is open 24 hours a day, 7 days a week, and which is crucial for providing qualified students with prompt, appropriate guidance in line with their abilities. For each student's holistic development, the institution also organizes training sessions, guest lectures, seminars, conferences, workshops, FDP, sporting events, cultural activities, etc. The conduction of soft skill training sessions by the professionals is an attempt to help students become job ready.





- Narayana College of Nursing was established in the year of 2002-2003.
- It is recognized by INC, APNMC and affiliated by Dr. NTR University of Health Sciences.
- Accredited by NAAC with **“A” Grade, ISO and IAO.**
- The College runs PhD (N), M.Sc. (N), B.Sc. (N) and PB.B.Sc. (N)



**Narayana College of Nursing, Faculty with students’ photo from website**

**Vision:** Narayana College of Nursing will be an universal leader for innovations, research, education, attitude and practice to create positive changes in the health outcomes of individuals, families, communities in all health care settings.

**Mission:**

- ❖ To empower Nursing professionals with the knowledge and skills to lead with integrity and compassion, thereby creating meaningful impacts on healthcare delivery and patient outcomes
- ❖ To optimize health through Nurse-Led healthcare, we integrate education, application, research, and technology to create innovative solutions and prepare nurses for global healthcare challenges, improving health for all.
- ❖ To advance a holistic approach to healthcare education, focusing on ethical practices, interdisciplinary collaboration, and innovation to meet the evolving needs of diverse healthcare settings.

**NARAYANA COLLEGE OF NURSING**

<b>Principal</b>	:	<b>Dr. B. Vanaja Kumari, M.Sc (N), Ph.D</b>
<b>Vice Principal</b>	:	<b>Dr. Latha. A, M.Sc. (N)</b>
<b>Fax</b>	:	0861-2311968
<b>Telephone</b>	:	0861-2317969
<b>E-mail</b>	:	<a href="mailto:narayana_nursing@yahoo.co.in">narayana_nursing@yahoo.co.in</a> <a href="mailto:principal.ncn@narayananursingcollege.com">principal.ncn@narayananursingcollege.com</a>
<b>Website</b>	:	<a href="http://www.narayananursingcollege.com">www.narayananursingcollege.com</a>

**GOVERNING BODY MEMBERS**

S.No	Name	Designation
1	Sri. Puneeth Kothappa	President, Narayana Educational Society, Nellore
2	Sri. V. Srinath	Joint Secretary, Narayana Educational Society, Nellore
3	Sri. R. Sambasiva Rao	Engineer, Treasurer, Narayana Educational Society, Nellore
4	Mr. Y. Vinay Kumar	Member, Narayana Educational Society, Nellore
5	Dr. Surya Prakash Rao	Principal, Narayana Medical College, Nellore
6	Dr. B. Hari Prasad Reddy	Superintendent, Narayana Medical College & Hospital, Nellore
7	Mrs. B. Vanaja Kumari	Principal, Narayana College of Nursing, Nellore
8	Dr. V. Kumari	Vice-Principal, Narayana College of Nursing, Nellore



## LIST OF COMMITTEES: 2024 - 2025

S.NO	NAME OF THE MEMBER	DESIGNATION
1	Curriculum Committee	Ms. N. Subhashini Asso. Prof. MSN
2	Anti Ragging Committee	Ms. S Suchithra, Asso. Prof. MHN
3	Grievences Redressal Committee	Ms. Nathiya Asso. Prof. MHN
4	Sexual Harassment Committee	Ms. Megiline Boss Asso. Prof. OBG
5	Placement Committee	Ms. T Usha kiran, Prof. OBG
6	Alumni Committee	Ms. T Usha Kiran, Prof. OBG
7	Library Committee	Ms. Pratima V Asso. Prof. Com HN
8	Student Welfare Committee	Ms. Pavitha G, Asso. Prof. Com.H.N
9	Staff Welfare Committee	Ms. Shanmugavadivu P, Prof. CHN
10	Research Advisory Committee	Ms. Thejovathi Asso. Prof. CHN
11	Examination Cell Committee	Ms. Anjani Devi Asso. Prof. CHN
12	Institutional Ethics Committee	Ms. R.T Girija Rani Asso. Prof. CHN
13	Institution Innovation Council	Dr.. B Vanaja Kumari, HOD. Com HN
14	Extension and Outreach Activities	Ms. G Pavithra, Asso. Prof. COM.H.N
15	Publications and Awards Committee	Ms. Thejovathi G, Asso. Prof. CHN
16	IQAC Committee	Dr. Latha A, HOD. MSN.
17	Slow Learners Advanced Learners Committee	Ms. P. Shanmugavadivu Prof. CHN
18	NSS Committee	Ms. Suchithra Tutor
19	SNA Committee	Ms. Pavithra Asso. Prof. COM.H.N
20	Discipline Committee	Dr. Anjani devi N Asso. Prof. MHN
21	Hostel Maintenance Committee	Ms. Pratima V, Asso. Prof Tutor
22	Parents Teachers Association Committee	Ms. Kantha Asso. Prof. COM.H.N

## ACADEMIC CALENDAR

## JANUARY - 2025

Date / Day	Event
01-01-2025	- New Year Celebrations
03-01-2025	- B.Sc. Nursing Model Examination (Semester - 1)
06-01-2025 to 11-01-2025	- Value Added Course
13-01-2025	- Bhogi
14-01-2025	- Pongal Celebrations
20-01-2025	- Value Added Course/ Commence of Semester- I Internal examinations – I
21-01-2025 to 23-01-2025	- Value Added Course
24-01-2025	- Value Added Course / National Girl Child Day – CHN
25-01-2025	- Value Added Course
26-01-2025	- Republic Day Celebrations



## FEBRUARY - 2025

Date / Day	Event
03-02-2025 to 08-02-2025	- B.Sc., Nursing University - Curriculum Theory Exam Preparatory Committee mom
04-02-2025	Holiday - Cancer Day – MSN
10-02-2025	- III, IV B.Sc (N) & I, II -Add on Course / Swatch Post Basic Nursing Bharath Program Dr. NTR University / National Deworming Theory Examinations Day - CHN
11-02-2025	- Add on Course
12-02-2025	- Add on course/ Sexual and reproductive health awareness day- OBG
13-02-2025 to 15-02-2025	- Add on Course
17-02-2025	- Add on Course / Observational Visits - NF
18-02-2025	- Add on Course / Observational Visits - CHN
19-02-2025	- Add on course / College Day Celebrations
20-02-2025 to 21-02-2025	- Add on Course
26-02-2025	- Maha Shivaratri

## MARCH - 2025

Date / Day	Event
03-03-2025 to 07-03-2025	- B.Sc., Nursing University - Pulse Polio Program Practical Exam Preparatory
08-03-2025	Holidays - International women's day
10-03-2025	III, IV B.Sc. (N) & I, II - IQAC MOM / Post Basic Nursing Animal House and Dr. NTR University Herbal Garden Visits
11-03-2025	Practical Examinations - Animal House and Herbal Garden Visits

12-03-2025	- Animal House and Herbal Garden Visits
13-03-2025	- Animal House and Herbal Garden Visits - Animal House and Herbal Garden Visits / World Kidney Day -MSN
14-03-2025	- Holi Celebrations
15-03-2025	- Animal House and Herbal Garden Visits
16-03-2025	- Holiday / National Immunization Day – CHN
17-03-2025	- Filed visits - III Semester-OBG
18-03-2025	- Observational visits - V Semester- MHN
24-03-2025	- World TB day / Commence of Semester- I Internal Examinations – II / World TB day-COHN
25-03-2025	- SNA Elections
30-03-2025	- Holiday / Bipolar Disorder Day - OBG
31-03-2025	- Bipolar Day - Ramzan

#### APRIL - 2025

Date / Day	Event
07-04-2025	- World Health Day - COMMUNITY HEALTH NURSING
14-04-2025	- Good Friday
19-04-2025	- Library Committee Minutes of Meeting
21-04-2025	- Commence of Model Examinations Semseter - I
28-04-2025 to 29-04-2025	- Semester - I University theory exam preparatory holidays
30-04-2025	Workshop - I - MSN



## MAY - 2025

Date / Day	Event
01-05-2025 to 02-05-2025	- Semester - 1 University Theory Exam Preparatory Holidays
05-05-2025	- Semester-1 University
06-05-2025 to 09-05-2025	Theory Examination
10-05-2025	- Workshop - II – MSN
12-05-2025	- International nurses day
15-05-2025	- Maintenance committee minutes of meeting
17-05-2025	- World hypertension day – MSN
19-05-2025	- Semester – I University Theory Examinations
	- International day of Midwives - OBG
	- Observational visits – IV B.Sc., II M.Sc (N) & II PB.B.Sc (N) – OBG
20-05-2025	- Workshop – COHN
21-05-2025	
26-05-2025 to 30-05-2025	- Vacation
31-05-2025	- World Tobacco Day

## JUNE - 2025

Date / Day	Event
02-06-2025	- School Health Program - COHN
05-06-2025	- World Environment Day
07-06-2025	- Bakrid
09-06-2025	- IQAC mom
14-06-2025	- World Blood Donor's Day
21-06-2025	- International Day of Yoga
23-06-2025	- Field visits - COHN
26-06-2025	- International Day against Drug Abuse and Illicit Trafficking-MHN

**JULY - 2025**

<b>Date / Day</b>	<b>Event</b>
01-07-2025	- Health camp - COHN
11-07-2025	- World population day - COHN
21-07-2025	- Commence of semester - II Internal examination - I / Swatch Bharath Program

**AUGUST - 2025**

<b>Date / Day</b>	<b>Event</b>
01-08-2025	- Breast feeding week -COHN, OBG, CHN / Faculty development program-MHN
02-08-2025 to 07-08-2025	- Breast Feeding week
11-08-2025	- Seminar-NF
15-08-2025	- Independence Day Celebrations
16-08-2025	- Krishnastami
25-08-2025	- Filed visits t- IV Semester- MSN
26-08-2025	- Mental health Camp - MHN
27-08-2025	- Vinayaka Chaturthi
28-08-2025	- Workshop - CHN

**SEPTEMBER - 2025**

<b>Date / Day</b>	<b>Event</b>
01-09-2025	- Nutritional week - COHN
02-09-2025 to 04-09-2025	- Nutritional week
05-09-2025	- Onam/ Teachers day Celebrations
06-09-2025	- Nutritional week
08-09-2025	- IQAC mom/ nutritional week
09-09-2025	- Nutritional week
10-09-2025	- World suicide prevention day -MHN
21-09-2025	- Holiday/ Alzheimer's Disease Day-MHN



22-09-2025	- World Alzheimer's Day
24-09-2025	- NSS foundation day
26-09-2025	- World contraceptive day- MSN
29-09-2025	- World heart day- MSN
30-09-2025	- IEC meeting

### OCTOBER - 2025

Date / Day	Event
02-10-2025	- Mahatma Gandhi Jayanthi / Ayudha Pooja Celebrations
04-10-2025	- Curriculum Committee MOM
10-10-2025	- Mental health day-MHN
15-10-2025	- Hand washing day- NF
20-10-2025	- Deepawali celebrations

### NOVEMBER - 2025

Date / Day	Event
10-11-2025	- Commence of Semseter -II University examination preparation holidays
14-11-2025	- International diabetes day- MSN
15-11-2025	- Commence of New born day-CHN
17-11-2025	- Commence of Semseter -II university examinations program
24-11-2025	- Constitution day
25-11-2025 to 29-11-2025	- Commence of Semseter -II Vacation

## DECEMBER - 2025

## Date / Day

## Event

01-12-2025

- World aid's day- COHN

08-12-2025

- IQAC mom/ Faculty development program-COHN

25-12-2025

- Christmas

29-12-2025

- Faculty development program- MSN



**LIST OF PUBLIC HOLIDAYS  
ANDHRA PRADESH AS PER G.O**

<b>Sl. No.</b>	<b>Occasion / Festival</b>	<b>Date</b>
1	BHOGI	13.01.2025
2	MAKARA SAN KRANTI	14.01.2025
3	KANUMA	15.01.2025
4	REPUBLIC DAY	26.01.2025
5	MAHA SHIVARATRI	26.02.2025
6	HOLI	14.03.2025
7	UGADI	30.03.2025
8	RAMZAN (EI D-UL-FITR)	31.03.2025
9	BABU JAGIVAN RAM'S BIRTHDAY	05.04.2025
10	SRI RAMA NAVAMI	06.04.2025
11	Dr. B. R. AMBEDKAR's BIRTHDAY	14.04.2025
12	GOOD FRIDAY	18.04.2025
13	BAKRID (EID-UL-AZHA)	07.06.2025
14	MOHARAM	06.07.2025
15	VARALAKSHMI VRATHAM	08.08.2025
16	INDEPENDENCE DAY	15.08.2025
17	SRI KRISHNA ASTAMI	16.08.2025
18	VINAYAKA CHAVITHI	27.08.2025
19	EID MILADUN NABI (BIRTHDAY OF PROPHET MOHAMMAD)	05.09.2025
20	DU RGASTAM I	30.09.2025
21	MAHATMA GANDHI JAYANTH I & VIJAYADASAMI	02.10.2025
22	DEEPAVALI	20.10.2025
23	CHRISTMAS	25.12.2025

**NSS ACTIVITIES - 2025**

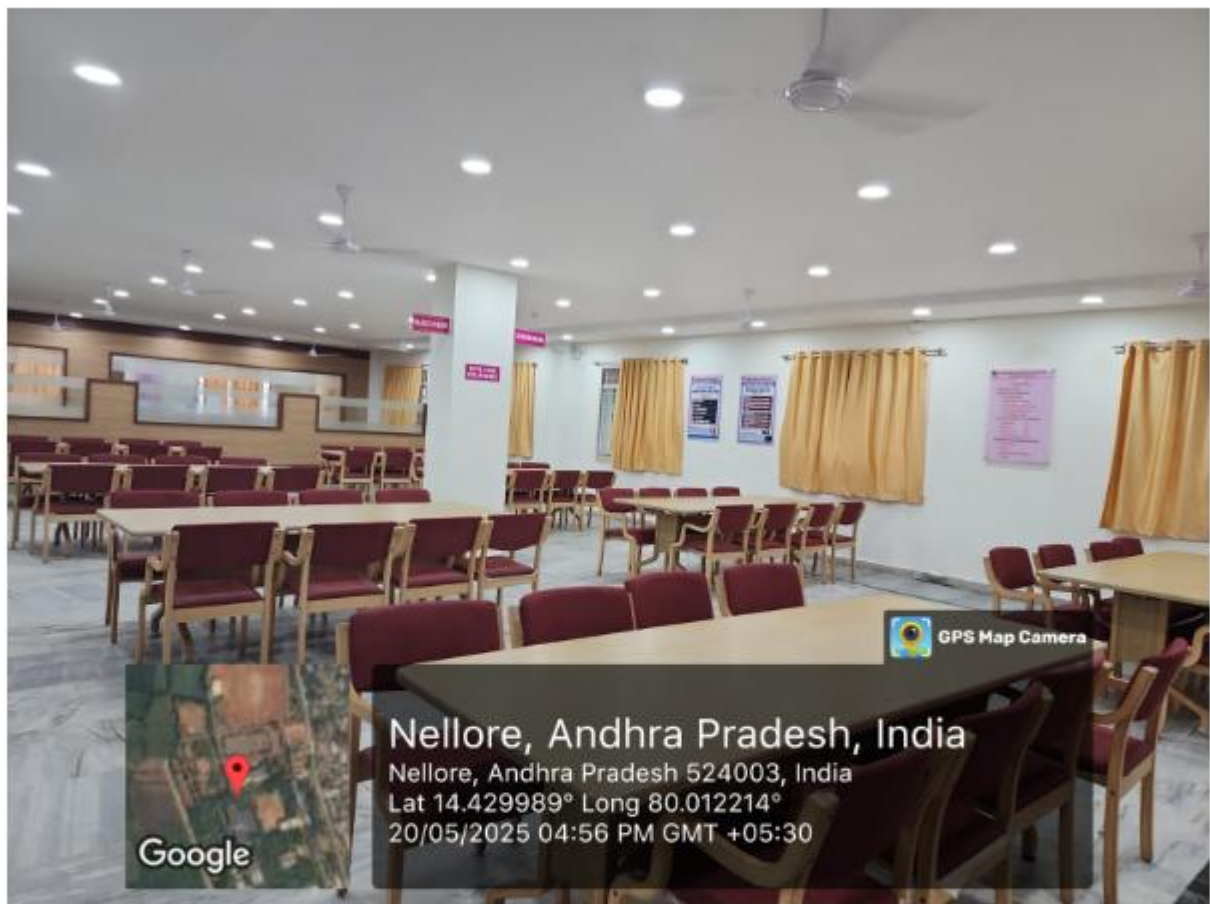
<b>S. No</b>	<b>Activities</b>	<b>Date</b>
1	National Youth Day/ week	12.01.2025 to 19.01.2025
2	Republic Day	26.01.2025
3	Cancer Day	04.02.2025
4	Swachh Bharath Program	10.02.2025
5	World TB Day	24.03.2025
6	Pulse Polio Program	03.03.2025
7	World health Day	07.04.2025
8	Hypertension Day	17.05.2025
9	World No Tobacco Day	31.05.2025
10	World Environment Day	05.06.2025
11	World Blood Donor's Day	14.06.2025
12	International Day of Yoga	21.06.2025
13	World Population Day	11.07.2025
14	Swachh Bharath Program	21.07.2025
15	Breast Feeding Week	01.08.2025 to 07.08.2025
16	Independence Day	15.08.2025
17	Nutritional Week	01.09.2025 to 07.09.2025
18	Suicide Prevention Day	10.09.2025
19	Alzheimer's Day	21.09.2025
20	NSS Foundation Day	24.09.2025
21	Mental Health Day	10.10.2025
22	Hand Washing Day	15.10.2025
23	Swachh Bharath Program	17.11.2025
24	Constitution Day	24.11.2025
25	World AIDS Day	01.12.2025

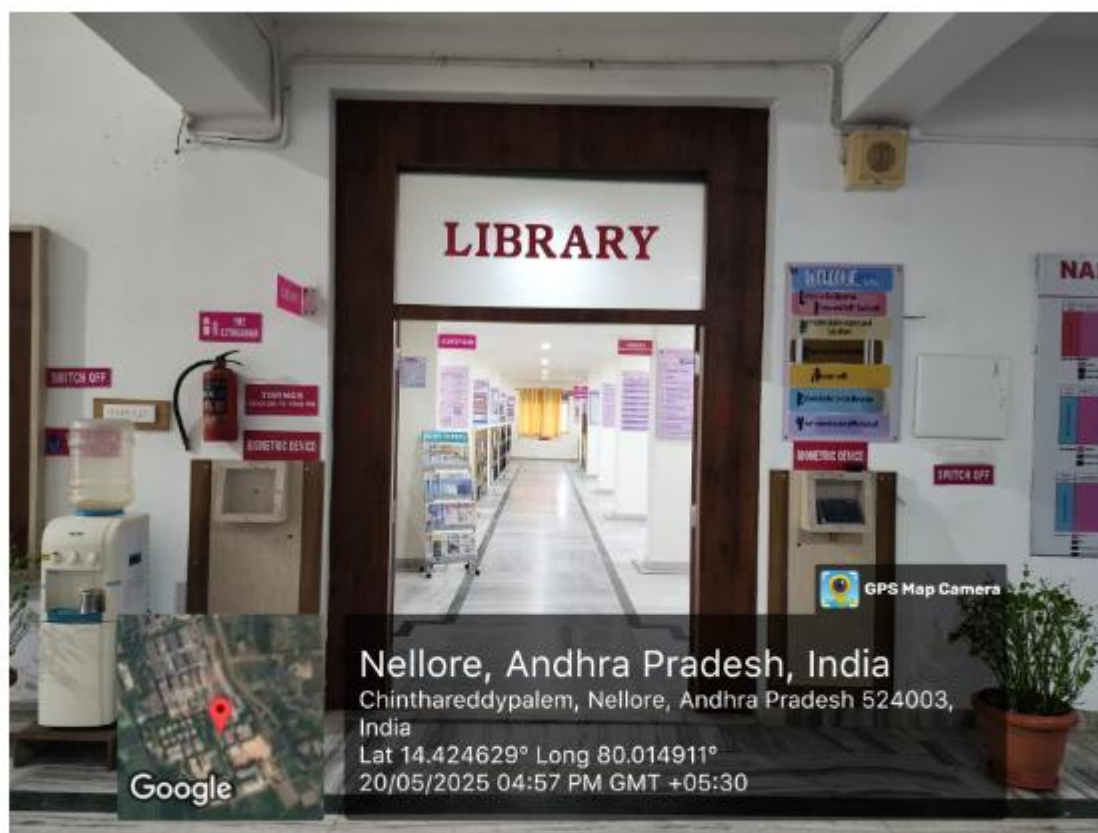
## COLLEGE AMINITIES LIBRARY

In Narayana College of Nursing, library use do appear independent contributions to desirable outcomes of the institution. Nurses today face challenges to ensure access and rational use of efficacious, quality, and safe patient care and health technologies; Strengthening and harmonization of nursing education is essential for the development of basic Nursing sciences to serve the society. Libraries are pivotal in supporting and achieving the mission of higher education in today's information world and to make students information literate. Our library wardrobe consist enormous quantum of books split between authors, topics, subjects, magazines and newspapers. An entire silent zone with mechanized search system is serviced by librarian who is skilled enough to handle all concerns of students.





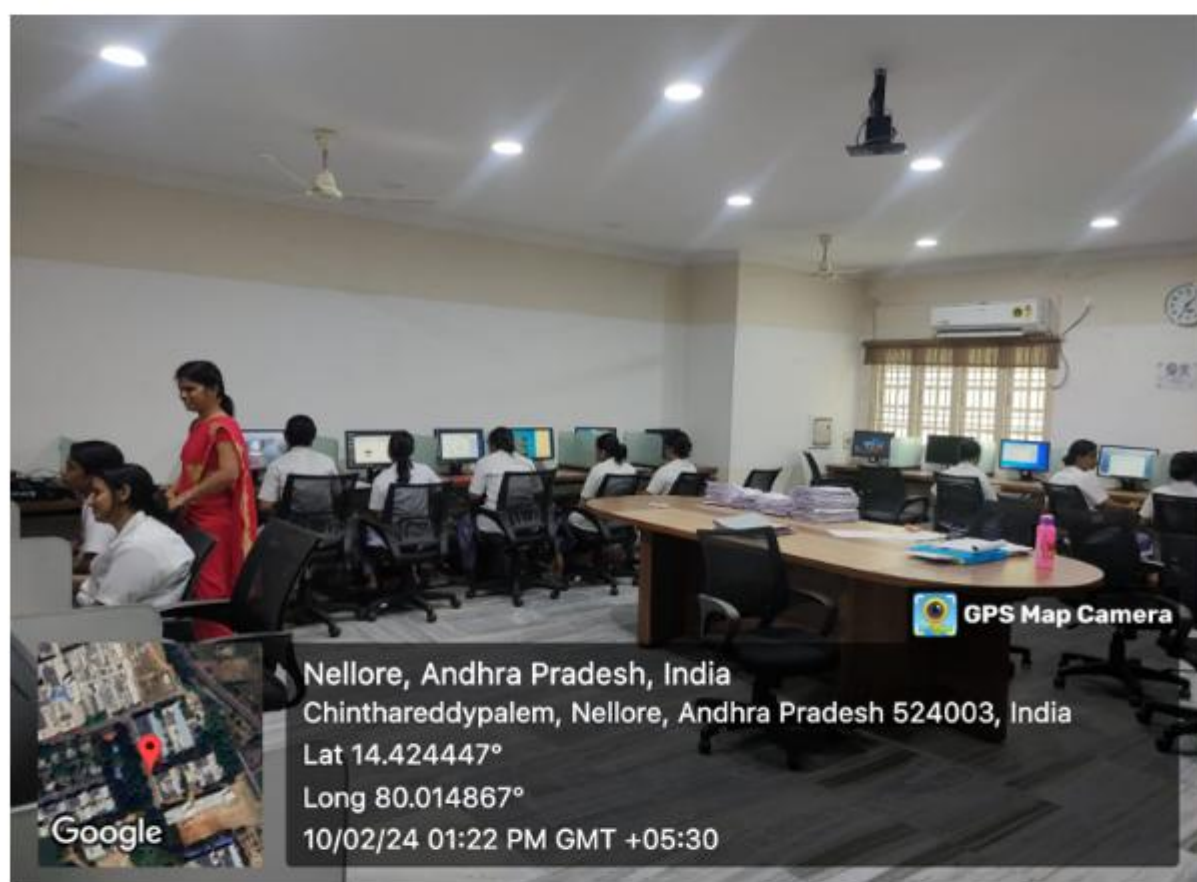






## COMPUTER LAB

Future development will be made possible through virtual technologies. The use of the internet and the availability of many research initiatives or studies will change how the medical community operates. The nursing profession benefits greatly from the use of technology; this includes the monitoring of patient profiles, patient interactions, database management, care delivery patient counseling, billing, and purchasing. The labs at Narayana College of Nursing are well-kept, internet-enabled, and networked with authorized software programs. Another required service is the availability of Wi-Fi, allowing students to complete projects and learn programming without being restricted to computer laboratories for their daily technological needs. The computer lab is always connected to the internet.





## MEDICINAL PLANTATION



Long before the prehistoric era, people employed plants for medical purposes. There is evidence that around 4000 years ago, Unani Hakims, Indian Vaidas, and cultures from the Mediterranean and Europe used herbs as medicine. Herbs were employed in healing rituals by indigenous societies in Rome, Egypt, Iran, Africa, and America, while other cultures formed traditional medical systems like Unani, Ayurveda, and Chinese Medicine that systematically utilized herbal remedies. The garden is well-maintained. According to the curriculum, the students visit, care for, and expand upon the garden. A reporting Committee has been constituted in the college and a complaint box also kept to address any complaints from the students and takes necessary action. College has a zero tolerance policy towards any such transgression. The college is providing a safe and conducive work and academic environment to students and its employees and is extremely alert to matters pertaining to any kind of harassment and gender sensitivity. High security system is implemented in the campus by allotting four shifts for the securities by the security agency. CCTV cameras are kept in all lecture halls, Labs and corridors in the college campus. Each floor of hostel is allotted for a warden in one-to-one basis and sick room also supervised by a special duty warden. Outing from the hostel is permitted only with the parents and hostel will be closed at 10 pm with attendance every day to make sure the safety of the students. Anti-ragging Committee is formed as per the U.G.C. guidelines. Every year the students at the entry level sign an

affidavit and submit to the AISHE about non- involvement in ragging activities. Following that counseling regarding ragging conduct for both students and parents. Anti-ragging Committee and Squads carry out rounds in the hostel as well as mess, where the students will group together. They make sure that there are no instances of ragging anywhere in the hostel or anywhere in the campus. Anti-ragging posters are prominently displayed at all prominent places within the Campus. Every day hostel rounds by the squad also makes sure the student's safety and comfort. Main gates are guarded and entry points are screened.



### REPORT ON “CYBER CRIME” 10.12.2024

A Gender Sensitization Program on “Cyber Crime” was conducted on 10th December 2024 at NCON in the 2<sup>nd</sup> floor smart classroom. The program was attended by 75 faculty and non-teaching staff and coordinated by Mrs. T. Lalitha Kumari, Associate Professor. Mrs. Bhanusree, Municipal Chairman of Nellore, served as the resource person. She discussed various cybercrimes such as online harassment, phishing, identity theft, and cyber bullying, with special emphasis on women’s safety. Preventive measures, legal aspects, and safe online practices were highlighted. The interactive session enhanced awareness and promoted responsible digital behavior among participants.



### REPORT ON “INTERNET ABUSE” ON 12.11.2024

A Gender Sensitization Program titled “Internet Abuse” was conducted on 12<sup>th</sup> November 2024 at NCON in the 2<sup>nd</sup> floor smart classroom. The program was attended by 98 students and coordinated by Mrs. T. Lalitha Kumari, Associate Professor. Dr. Swetha, Gynecologist at NMCH, Nellore, served as the resource person. She explained various forms of internet abuse such as cyber bullying, online harassment, identity theft, and misuse of digital content. The session highlighted psychological and health impacts, legal support, and safe online practices. Students actively participated in discussions. The program concluded with the National Anthem.





### REPORT ON “CAREER GUIDANCE” ON 15.10.2024

A “Career Guidance” program was conducted on 15th October 2024 at NCON in the 2nd-floor smart classroom with 98 students in attendance. The program was coordinated by Mrs. **T. Lalitha Kumari**, Associate Professor. **Dr. Vandana**, Professor and HOD, Narayana Dental College, was the resource person. She shared her professional journey and provided **guidance on career** options in healthcare and dentistry. Emphasis was placed on informed decision-making, identifying personal strengths, and overcoming gender stereotypes. The session was interactive, encouraging student participation. The program concluded with key insights on career confidence and a vote of thanks.



### REPORT ON “ART OF LIVING” 12.08.2024

A Gender Sensitization Program on “Art of Living” was conducted on 12<sup>th</sup> August 2024 at NCON in the 2<sup>nd</sup> floor smart classroom. The program was coordinated by Mrs. T. Lalitha Kumari, Associate Professor, and attended by 100 students and faculty members. Mrs. K. Lalitha, HR Executive from NMCH, served as the resource person. She highlighted the importance of gender equality, emotional well-being, self-awareness, and respectful behavior in personal and professional life. The session included engaging discussions and practical examples, encouraging positive attitudes and inclusive practices. The program concluded with a vote of thanks and the National Anthem.



## REPORT ON “PROFESSIONALISM IN NURSING” ON 14.07.2024

A Gender Sensitization Program on “Professionalism in Nursing” was conducted on 14<sup>th</sup> July 2024 at NCON in the 2<sup>nd</sup> floor smart classroom. The program was coordinated by **Mrs. T. Lalitha Kumari**, Associate Professor, and attended by 62 nursing students and faculty members. **Mrs. Ch. Sumalatha**, Senior HR Executive at NMCH, served as the resource person. She highlighted the importance of professionalism, ethics, and gender sensitivity in nursing practice. Emphasis was placed on equitable care, mutual respect, and equal opportunities for all nurses. The session promoted inclusive healthcare practices. The program concluded with a vote of thanks and the National Anthem.



## REPORT ON WORLD BREAST FEEDING WEEK-2024

**Venue:** Narayana Medical College Hospital, Paediatric OPD and Paediatric ward

**Date:** 05-08-2024

**Target group:** Postnatal mothers

Child Health Nursing department of Narayana College of nursing conducted the **World Breast Feeding Week 2024** on 05/08/2024 with the theme of “Closing the gap, breast feeding support for all” at Paediatric OPD and Paediatric ward. Techniques and importance of breast feeding was explained to postnatal mothers. 35 Postnatal women were attended and their doubts were clarified about breast feeding. Programme was concluded with feedback session and snacks were distributed to mothers and their family members.





## NSS ANNUAL REPORT - 2024

## BLOOD DONATION CAMP

## THEME: "Donate Blood Save SLives"

On January 9, 2024, the NSS unit of Narayana College of Nursing, in collaboration with the Blood Bank of Narayana General Hospital, organized a blood donation camp in the Medical-Surgical Nursing Lab from 10:00 AM to 1:00 PM. The event aimed to promote voluntary blood donation, with 25 NSS volunteers participating. The Blood Bank staff ensured a safe and efficient donation process, starting with an introductory session on the importance of blood donation, followed by health check-ups and post-donation care. The camp successfully collected blood for future medical emergencies while providing nursing students with valuable healthcare experience.





75<sup>th</sup> REPUBLIC DAY - 2024

**THEME: 'Viksit Bharat' and 'Bharat – Loktantra ki Matruka',**

The NSS unit of Narayana College of Nursing celebrated the 75th Republic Day with great patriotism and enthusiasm. The event commenced with a flag hoisting ceremony by the chief guest, followed by the national anthem and an inspiring speech on the significance of the day. Cultural performances showcased India's diverse heritage, including traditional dances, patriotic songs, and skits highlighting key moments from India's independence struggle. Students also presented speeches and poem recitations, emphasizing constitutional values. Various competitions like essay writing, poster making, and quizzes were organized, and winners were felicitated. The event concluded with a vote of thanks by the NSS Program Officer, appreciating the dedication of students and faculty. The celebration reinforced national pride and unity, making it a memorable and impactful occasion.





## NATIONAL YOUTH DAY - 2024

### THEME: "VIKSIT YUVA-VIKSIT BHARAT."

The NSS unit of Dr. YSR University organized a one-day virtual session on National Youth Day 12.1.2024, hosted by Narayana College of Nursing and Sree Narayana Nursing College via CISCO-WEBEX. The event, directed by Dr. Vivekanand Kattimani, aimed to inspire youth through the teachings of Swami Vivekananda. The program featured speeches by esteemed guests, including Dr. Korukonda Babji, Vice Chancellor, and Dr. Vemireddy Radhika Reddy, Registrar, YSR University. A total of 10 cultural and literary events, including elocution, patriotic poems, folk and classical dances, poster presentations, and rangoli, were conducted. The winners were announced, and motivational messages were delivered by the principals of both colleges. The session concluded with a vote of thanks and the national anthem, making it a meaningful and inspiring event.





## Annual Sports Weeks – 2024

Narayana College of Nursing organized its Annual Sports Week from 27th January to 2nd February 2024 with great enthusiasm. The event was inaugurated by Dr. B. Vanaja Kumari, Principal, along with faculty members and sports coordinators. NSS volunteers and the Sports Committee played a key role in organizing the events. Various indoor and outdoor games were conducted at the college premises and playground. The participants displayed immense energy and sportsmanship throughout the competitions. The atmosphere was filled with excitement, cheering, and encouragement for the athletes. The well-organized schedule ensured smooth execution of all events. The sports week successfully promoted teamwork, fitness, and a spirit of healthy competition among students.





## PULSE POLIO PROGRAMME, 4<sup>TH</sup> MARCH, 2024

The NSS unit, along with the management, faculty, and III Semester B.Sc. (N) & M.Sc. (N) students of Narayana College of Nursing, actively participated in the Pulse Polio Programme at Narayana Medical College & Hospital. Nursing students assisted in administering oral polio vaccines, setting up booths, conducting door-to-door immunization, and raising awareness among parents. A pre-test and post-test assessment measured awareness levels among 42 participants. In the pre-test, only 7.12% of participants had A+ grade knowledge, 4.76% had A grade knowledge, 14.28% had B+ grade knowledge, 19.04% had B grade knowledge, 30.95% had C grade knowledge, and 23.80% had D grade knowledge. However, after the awareness sessions, the post-test results showed a significant improvement, with 33.33% achieving A+ grade knowledge, 30.95% reaching A grade, 21.42% attaining B+ grade, while only 4.76% remained in B, C, and D grades. The program successfully increased immunization coverage and contributed to polio eradication efforts, emphasizing the importance of collaborative healthcare initiatives.





## WORLD HYPER TENSION DAY, 17<sup>th</sup> MAY, 2024

**Theme: "Measure Your Blood Pressure Accurately, Control It, Live Longer".**

The NSS Unit of Narayana College of Nursing, in collaboration with Narayana Medical College and Hospital, organized a World Hypertension Day Rally on 17.3.2024, to raise awareness about hypertension and its prevention. The event was inaugurated with a welcome address by the Principal of Narayana Medical College, followed by speeches from healthcare professionals emphasizing the importance of hypertension control. NSS volunteers marched through the hospital premises holding banners and placards, attracting public attention. Eminent cardiologists and nutritionists conducted guest lectures on risk factors, dietary habits, and lifestyle modifications. A health check-up camp was set up, offering free blood pressure measurements, BMI check-ups, and medical consultations. Interactive sessions helped dispel myths and provided practical guidance on hypertension management. The event successfully promoted awareness and encouraged a proactive approach to heart health.







## WORLD NO TOBACCO DAY, 31<sup>ST</sup> MAY, 2024

**Theme: "Protecting Children from Tobacco Industry Interference"**

The NSS Unit of Narayana College of Nursing, in collaboration with the Community Health Nursing Department, organized health education events at Narayana Rural Health Center, T.P. Gudur Village, on May 31st to raise awareness about tobacco-related health risks. The theme for the year, "Protecting Children from Tobacco Industry Interference," emphasized safeguarding youth from tobacco influence. A pre-test questionnaire with 20 multiple-choice questions was distributed among the general population to assess their knowledge about tobacco. The questionnaire was translated into Telugu for better understanding. The event successfully educated the public about the harmful effects of tobacco and encouraged preventive measures to promote a tobacco-free society.



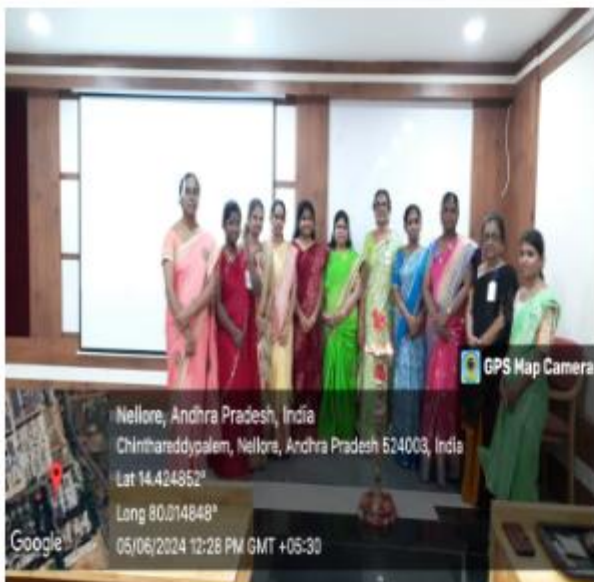


## WORLD ENVIRONMENT DAY, 5th JUNE, 2024

### Theme: "Land Restoration, Desertification and Drought Resilience"

World Environment Day was celebrated on June 5th by the NSS Unit and the Community Health Nursing Department of Sree Narayana Nursing College. The event aimed to educate and inspire students about environmental conservation and sustainable practices. Faculty and students actively participated in discussions on eco-friendly initiatives. Awareness sessions highlighted the importance of reducing waste and conserving natural resources. Tree-planting activities promoted green surroundings. Interactive workshops encouraged innovative solutions for environmental protection. The program emphasized individual and collective responsibility towards sustainability. Students were motivated to adopt eco-conscious habits in daily life. The event successfully instilled a culture of environmental awareness.







## WORLD BLOOD DONAR DAY-2024

**THEME:" 20 years of celebrating giving: Thank you Blood donors"**

On June 14, 2024, a Voluntary Blood Donation Camp was organized at Narayana General Hospital to mark World Blood Donor Day. The event was inaugurated by Principal Dr. B. Vanaja Kumari, with Blood Bank HOD Dr. Yashvardhan and NSS Program Officer Mrs. Suchitra addressing the gathering. The camp aimed to promote voluntary blood donation and ensure a safe blood supply. A total of 24 students donated blood, contributing to this life-saving cause. Strict safety measures were followed for donor well-being. After donation, participants received refreshments and appreciation certificates. The event highlighted 20 years of awareness and donor contributions. Faculty, students, and NSS volunteers actively participated. Their efforts made the event a great success.







## 10th INTERNATIONAL YOGA DAY-2024

### THEME: "Yoga for Self and Society."

The 10th International Day of Yoga was celebrated with the theme "Yoga for Self and Society" at Narayana College of Nursing. The event was inaugurated by Principal Dr. B. Vanaja Kumari, with a welcome speech by NSS Program Officer Mrs. Suchitra. A certified yoga instructor, Mr. Saurabh Bothra, led an online session, guiding students through various asanas, including Pranayama, Bhujangasana, and Balasana. The session emphasized yoga's role in mental and physical well-being. Students actively participated, developing a positive attitude and improved fitness. The interactive session provided valuable insights into holistic health. The event concluded with a vote of thanks, marking a successful celebration.





## WORLD POPULATION DAY

**Theme: Leave no one Behind, Count Every one**

The NSS unit of Narayana College of Nursing, in collaboration with the Community Health Nursing Department, organized a World Population Day program on July 11, 2024, at the Rural Health Center in Venkatachalam, Nellore. Focused on the theme of population dynamics and rural health, the event aimed to educate the community on family planning, maternal and child health, and healthcare accessibility. NSS Programme Officer Mrs. S. Suchitra welcomed the participants, followed by an insightful presentation by Prof. Pavithra, emphasizing informed reproductive health choices. A medical officer discussed available



healthcare services, and an interactive session allowed community members to engage actively. The program concluded with refreshments and a vote of thanks, appreciating the contributions of all participants.



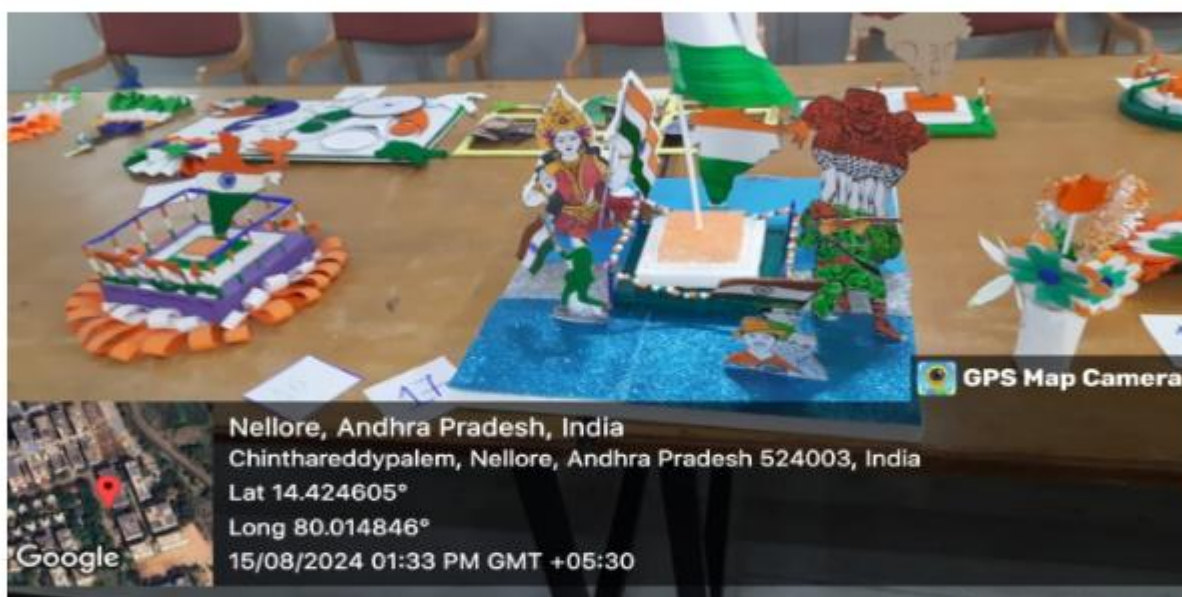
## 78<sup>th</sup> INDEPENDENCE DAY – 2024

### THEME: 'Viksit Bharat'

Narayana College of Nursing celebrated the 78th Independence Day with patriotic fervor on August 15, 2024. The event began with a flag hoisting ceremony by Dr. Srinivasulu Reddy, followed by cultural performances in the auditorium. Principal Dr. B. Vanaja Kumari welcomed the gathering, and Chief Guest Valluru Syam Prasad, a retired Indian Air Force veteran, highlighted the role of nurses in national service. A tree planting ceremony symbolized growth and remembrance. Various competitions, including poster presentation, pencil drawing, and paper craft, were held, and winners were awarded by the chief guest. The first prize winners were Arathi M.V. (Paper Craft), Rama Sree (Pencil Drawing), and Athira B.S. (Poster Presentation). Cultural performances showcased students' talents, and the program concluded with the national anthem.







### LAWS RELATED TO ANTI RAGGING

The Anti-Ragging Week On 17.8.2024 at Narayana College of Nursing was organized by the NSS unit to promote a safe and respectful academic environment. The event began with a prayer song by students and a welcome address by Dr. B. Vanaja Kumari, Principal Narayana College of Nursing. Chief Guest M. Siva Parvathi from the Nellore Member of Bar counsel Association, along with faculty members, participated in the ceremonial lamp lighting. In her speech, M. Siva Parvathi emphasized the legal consequences and harmful impact of ragging. The principal and NSS Program Officer felicitated the chief guest for her valuable insights. The program concluded with a vote of thanks by NSS Program Officer S. Suchitra, followed by the National Anthem, reinforcing the commitment to an anti-ragging culture.







### PROTEST ON WOMEN SAFETY

On August 22, 2024, the NSS volunteers of Narayana College of Nursing, led by Program Officer Mrs. S. Suchitra participated in a protest at VRC Ground, Nellore, demanding justice for Dr. Moumitha, a pulmonologist from Kolkata, and raising awareness about women's safety. The event featured a powerful mime performance by medical students from Government Medical College, Nellore, highlighting the harsh realities faced by women. Doctors, local leaders, and lawyers delivered speeches condemning the violence and stressing the need for legal action and societal responsibility. A moving dance performance by medical students emphasized women's empowerment, followed by a candle-lighting ceremony in tribute to the victim. The protest concluded with a vote of thanks, recognizing the collective efforts in advocating for a safer society for women.





## NATIONAL SPORTS DAY RALLY

**Theme: Sport for the Promotion and Peaceful and Inclusive Societies**

On August 29, 2024, the NSS Unit of Narayana College of Nursing organized a rally from A.C. Subbareddy Stadium to the RTC Bus Stand to commemorate National Sports Day, emphasizing the importance of sports and fitness. Led by NSS Program Officer Mrs. Anusha, 50 enthusiastic volunteers participated, spreading a

wareness about the role of sports in physical and mental well-being. The rally received positive public attention and media coverage, further amplifying its message. The event concluded with refreshments for the volunteers, acknowledging their active participation in promoting a healthy and active lifestyle.



### NSS DAY-2024

Narayana College of Nursing celebrated **NSS Day** on **24<sup>th</sup> September 2024** in a **virtual mode**, emphasizing the importance of selfless service and social responsibility. The event aimed to inspire students to actively engage in community service and recognize the dedication of NSS volunteers. The program commenced with a **welcome address by Mrs. S. Suchitra, NSS Program Officer**, who spoke about the significance of the National Service Scheme (NSS) in nurturing responsible individuals. She encouraged students to participate in social welfare activities despite the virtual setting. A **thought-provoking presentation was delivered by Dr. Adireddy Paradesi, Assistant Professor, Microbiology Department, Anantapur Government Medical College**. He discussed the impact of NSS on public health, community awareness, and leadership development. His insightful session motivated students to contribute to society through virtual and offline initiatives.

The event concluded with the **National Anthem**, fostering a sense of unity and patriotism among the participants. To appreciate the volunteers' enthusiasm, **e-certificates of participation** were issued. Special thanks to **Dr. B. Vanaja Kumari, Principal, Narayana College of Nursing**, for her support in organizing the NSS Day 2024 celebration in virtual mode. Her encouragement contributed to the event's resounding success, reinforcing the spirit of service and volunteerism among students despite the digital setting.



## SWACHHATA HI SEVA-2024

As part of Mahatma Gandhi Jayanthi celebrations, the NSS Unit of Narayana College of Nursing organized a one-week Swachh Hi Seva program to promote cleanliness and environmental awareness. The event was successfully coordinated by NSS Programme Officer S. Suchitra with the active participation of 100 NSS volunteers, under the guidance of Dr. B. Vanaja Kumari, Principal, and Narayana College of Nursing.

### Activities Conducted

Throughout the week, various cleanliness and awareness programs were carried out by the volunteers:

- Day 1: Cleaning program around the college premises and lawn.
- Day 2: Swachhta program at Mypadu Beach from 9:00 AM to 10:00 AM, where volunteers participated in beach cleaning and environmental conservation efforts.
- Day 3: Cleaning activity at the temple in Mungaladoruvu village, Nellore, focusing on maintaining the sanctity and hygiene of religious places.
- Day 4: Swachhata Rally at MutyalathopuPalem, Nellore, from 10:00 AM to 11:00 AM, raising awareness about cleanliness and hygiene among the local community.
- Day 5: Plantation drive at the college garden, where volunteers planted saplings to promote greenery and environmental sustainability.

The program concluded with refreshments provided to all the volunteers, acknowledging their efforts and dedication towards the cause.

This initiative successfully instilled a sense of social responsibility and cleanliness among the participants, reflecting Gandhiji's vision of a clean and green India. The NSS Unit of Narayana College of Nursing remains committed to conducting more such impactful programs in the future.











### WORLD AIDS DAY 01-12-2024

On December 4, 2024, the Department of Community Health Nursing, in collaboration with the NSS Unit of Narayana College of Nursing, organized a rally and awareness program on World AIDS Day. The rally, starting from Narayana Rural Health Center, Venkatachalam, involved faculty, students, and health center staff promoting HIV/AIDS awareness. A formal program followed, with Dr. Vidhya Sagar as the chief guest, along with other dignitaries. Key activities included an AIDS prevention oath led by Mrs. Pratima Vuyyuru and certificate distribution for participants. The event concluded with the National Anthem, reinforcing unity in the fight against HIV/AIDS. The initiative successfully raised awareness and emphasized education, prevention, and care.





## NARAYANA COLLEGE OF NURSING NATIONAL GIRL CHILD DAY

### THEME: "Empowering Girls for a Bright Future"

The NSS Unit of Narayana College of Nursing organized a rally on **National Girl Child Day** on **January 24, 2025**, from **9:00 AM to 10:00 AM**, in collaboration with the **Women and Child Welfare Department, ICDS Center, DMHO Office, and Mahila Police Station Team**. The rally commenced from **KVR Circle to RTC Bus Stand** with the aim of raising awareness about the **rights, safety, and empowerment of the girl child**. The event was graced by **DMHO Dr. Sujatha, ICDS In-charge PD Anjuradha, Mahila Police Station DSP Ramarao, CI Krishna Reddy (AHT Team), Anganwadi Workers, and NSS Programme Officer Mrs. S. Suchitra**, under the guidance of **Dr. B. Vanaja Kumari, Principal of Narayana College of Nursing**. The participants actively engaged in spreading the message of "**Beti Bachao, Beti Padhao**" and advocating for **gender equality**. The rally concluded with all participants taking a **pledge** to support the cause, reaffirming their commitment to protecting and empowering girl children in society.







## 76<sup>th</sup> REPUBLIC DAY-2025

### THEME: 'Swarnim Bharat – Virasat aur Vikas'

The NSS unit of Narayana College of Nursing in association with SNA, proudly celebrated Republic Day 2025 with a flag hoisting ceremony at the Narayana Medical College garden. Members of the Narayana Group of Institutions actively participated in the event, which commenced with a soulful prayer song. The national flag was hoisted by the chief guest, Dr. Sreenivasulu Reddy, Principal of Narayana Medical College. Under the guidance of Dr. B. Vanaja Kumari, Principal of Narayana College of Nursing, and the coordination of Mrs. S. Suchitra, NSS Program Officer, the NSS volunteers actively took part in the celebration. A total of 100 volunteers joined the program, which concluded with the national anthem, fostering a sense of patriotism among all present.





## ANNUAL SPORT WEEK -2025

The Annual Sports Week at **Narayana College of Nursing** was successfully organized from **January 28, 2025, to February 2, 2025**, fostering a spirit of sportsmanship and teamwork among students. The event was inaugurated by **Dr. B. Vanaja Kumari, Principal**, in the presence of **NSS Program Officer Mrs. S. Suchitra**, **Physical Director Mr. Selvi**, **faculty members**, and **students**. Throughout the week, a variety of **indoor and outdoor games** were conducted, providing students with an opportunity to showcase their athletic abilities and competitive spirit. The event witnessed enthusiastic participation, promoting physical fitness, teamwork, and camaraderie. The Annual Sports Week concluded on a high note, leaving students with cherished memories and a renewed enthusiasm for sports and fitness.







## WORLD LEPROSY DAY-2025

THEME: "Unite. Act. Eliminate."

The NSS unit of Narayana College of Nursing, in collaboration with the Community Health Nursing Department, organized a World Leprosy Day rally on 30-01-2025 at Narayana Rural Health Center. The event saw the participation of Medical Officer Dr. Vidya Sagar, Sanitary Officer Mr. Chengaiah, and ANM Nurse Mrs. Lakshmi, along with the Narayana Medical College SPM Department. The rally was graced by the chief guest, Dr. Khadhar Valli, Additional DMHO, and commenced from Narayana Rural Health Center to Venkatachalam village. NSS volunteers actively participated, holding placards and chanting slogans to raise awareness. Dr. Khadhar Valli addressed the volunteers, emphasizing the importance of leprosy awareness and early detection. Mrs. S. Suchitra, NSS Program Officer, led the volunteers under the guidance of Dr. B. Vanaja Kumari, Principal of Narayana College of Nursing, ensuring a well-organized and impactful event.

### ప్రాథమిక దశలోనే కుష్టు వ్యాధిని గుర్తించాలి



మెదకూరు, జనవరి 30 (శుక్రవారం): ప్రాథమిక దశలో కుష్టు వ్యాధిని గుర్తించి సామర్థ్యం పెంచుకోవాలి అంటూ మెదకూరులోని కుష్టు వ్యాధి నిర్మూలన కేంద్రం వారు ఒక కార్యక్రమం నిర్వహించారు. ఈ కార్యక్రమంలో కుష్టు వ్యాధి నిర్మూలన కేంద్రం వారు ఒక కార్యక్రమం నిర్వహించారు. ఈ కార్యక్రమంలో కుష్టు వ్యాధి నిర్మూలన కేంద్రం వారు ఒక కార్యక్రమం నిర్వహించారు.

మెదకూరులోని కుష్టు వ్యాధి నిర్మూలన కేంద్రం వారు ఒక కార్యక్రమం నిర్వహించారు. ఈ కార్యక్రమంలో కుష్టు వ్యాధి నిర్మూలన కేంద్రం వారు ఒక కార్యక్రమం నిర్వహించారు. ఈ కార్యక్రమంలో కుష్టు వ్యాధి నిర్మూలన కేంద్రం వారు ఒక కార్యక్రమం నిర్వహించారు.

### పాఠశాలల్లో కుష్టుపై అవగాహన

పాఠశాలలలో, వెంటకూరు, సైబరాబాద్, మెదకూరు, మొదలైన ప్రాంతాలలో కుష్టు వ్యాధిని గుర్తించి సామర్థ్యం పెంచుకోవాలి అంటూ మెదకూరులోని కుష్టు వ్యాధి నిర్మూలన కేంద్రం వారు ఒక కార్యక్రమం నిర్వహించారు. ఈ కార్యక్రమంలో కుష్టు వ్యాధి నిర్మూలన కేంద్రం వారు ఒక కార్యక్రమం నిర్వహించారు.



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### PLANTATION DRIVE-2025

#### THEME: "PROTECT OUR PLANET, PLANT MORE TREES."

The NSS unit of Narayana College of Nursing organized a plantation drive on 03-02-2025 at 4 to 5 pm in the college garden, aiming to promote environmental awareness and sustainability. A total of 50 NSS volunteers, NSS programme Officer Mrs. S. Suchitra and faculty members actively participated in the event, contributing to the green initiative. Dr. B. Vanaja Kumari inaugurated the drive by planting the first sapling, followed by faculty and NSS volunteers, who collectively planted 10 trees. The participants enthusiastically engaged in the activity, understanding the significance of afforestation in combating climate change and improving air quality. The event also emphasized the importance of tree conservation, fostering a sense of responsibility among students towards environmental protection. The plantation drive served as a step towards creating a greener campus, encouraging students to take up similar initiatives in the future.



### WORLD CANCER DAY-2025

#### THEME: "UNITED BY UNIQUE"

The NSS unit of Narayana College of Nursing organized a World Cancer Day



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rally at Narayana Rural Health Centre on 4th February 2025 from 9 AM to 11 AM. The rally was inaugurated by the Medical Officer, Dr. Vidya Sagar, in the presence of other rural health center staff, including Mr. Chengaiah, Sanitary Officer, and Mrs. Lakshmi, ANM Nurse. Mrs. Bhanu Sree, Assistant Professor, along with 50 NSS volunteers, actively participated in the event. The rally commenced from the health center and proceeded through the village streets, with participants holding placards displaying cancer awareness messages. Villagers showed great enthusiasm by joining the rally and engaging in discussions on cancer prevention and early detection. The event effectively spread awareness about cancer and emphasized the importance of early diagnosis and healthy lifestyle choices in reducing the risk of the disease.

### WOMEN'S DAY CELEBRATIONS ON 07.03.2025

The NSS and SNA Units of Narayana College of Nursing, in collaboration with the Government of India, celebrated International Women's Day on 8th March 2025 at the 2nd Floor Smart Classroom. The event began at 2:00 PM with a prayer song, welcome song, and dance by students. Around 100 NSS volunteers participated in organizing the event. With the guidance and support of **Dr. B. Vanaja Kumari**, Principal, the program was successfully



conducted. The event was graced by **Mrs. T. Madhavi** (Chairperson, Child Welfare Committee), **Ms. P. Rama Devi** (Advocate), **Mr. A. Jaya Prakash** (Writer's Association & APUWJ State Coordinator), **Mr. M. Malakonda Reddy** (Member, Lok Adalat), and **Mr. P. Harikrishna** (FPA Field Officer, Central Bureau of Communication, Govt. of India). Dignitaries delivered inspiring speeches, prizes were distributed to competition winners, and a plantation drive was organized. The celebration concluded with the National Anthem, marking a meaningful and memorable event.















అభయం

## మహిళా దినోత్సవ సందర్భంగా.



నెల్లూరు మార్చి 7 (అభయం ప్రతినిధి) నెల్లూరులో బ్యాండ్ ఆఫ్ కమ్యూనిటీ హెల్త్ టీమ్ నెల్లూరు వారి అధ్యక్షురాలు నారాయణ నర్సింగ్ కళాశాల వారి సహకారంతో మహిళా దినోత్సవ సందర్భంగా శుభవారం నారాయణ నర్సింగ్ కళాశాలలో జరిగిన కార్యక్రమంలో క్షేత్ర ప్రధాన సహాయకులు పి పారిశుష్ట ముఖ్యఅధికారిగా పాల్గొన్నారు. కేంద్ర ప్రభుత్వం మహిళలకు అన్ని రంగాల్లో సహాయ సహకారాలు అందిస్తుందన్నారు. శాస్త్ర సాంకేతిక విద్య వైద్య ఉపాధి రంగాల్లో ప్రస్తుత కేంద్ర ప్రభుత్వం మహిళలకు రోడు ఉంది అన్నారు. వివిధ రోజుల్లో పాల్గొన్న విద్యార్థులకు బహుమతులు అందజేసారు. ఈ కార్యక్రమంలో కళాశాల డీన్ రాశ్మి దీపస, కుమారి, సిద్దబెల్లూరి వైద్య సహధర్మి, ప్రభుత్వ న్యాయవాది రమారేణి, పీవీయూడబ్ల్యుజే రాష్ట్ర కార్యదర్శి అయ్యలరామ్, లోకాలాల్ సభ్యులు హాజరైతారని మరియు విద్యార్థులు, ఉపాధ్యాయి పెద్ద సంఖ్య లో పాల్గొన్నారు.

## నారాయణ నర్సింగ్ కళాశాలలో మహిళా దినోత్సవం



నెల్లూరు(కేంం ప్రతినిధుడు) మార్చి 7: నెల్లూరు బ్యాండ్ ఆఫ్ కమ్యూనిటీ హెల్త్ టీమ్ ఆఫీస్ నెల్లూరు అధ్యక్షురాలు మహిళా దినోత్సవ సందర్భంగా శుభవారం నారాయణ నర్సింగ్ కళాశాలలో జరిగిన కార్యక్రమంలో క్షేత్ర ప్రధాన సహాయకులు పి పారిశుష్ట ముఖ్యఅధికారిగా పాల్గొన్నారు. కేంద్ర ప్రభుత్వం మహిళలకు అన్ని రంగాల్లో సహాయ సహకారాలు అందిస్తుందన్నారు. శాస్త్ర సాంకేతిక విద్య వైద్య ఉపాధి రంగాల్లో ప్రస్తుత కేంద్ర ప్రభుత్వం మహిళలకు రోడు ఉంది అన్నారు. వివిధ రోజుల్లో పాల్గొన్న విద్యార్థులకు బహుమతులు. ఈ కార్యక్రమంలో కళాశాల డీన్ రాశ్మి దీపస, కుమారి సిద్దబెల్లూరి వైద్య సహధర్మి ప్రభుత్వ న్యాయవాది రమారేణి పీవీయూడబ్ల్యుజే రాష్ట్ర కార్యదర్శి అయ్యలరామ్, లోకాలాల్ సభ్యులు హాజరైతారని మరియు విద్యార్థులు ఉపాధ్యాయి పెద్ద సంఖ్యలో పాల్గొన్నారు.

## ఘనంగా మహిళా దినోత్సవం



నెల్లూరు (ప్రతినిధి) : నెల్లూరు బ్యాండ్ ఆఫ్ కమ్యూనిటీ హెల్త్, క్షేత్ర కార్యాలయం, నెల్లూరు వారి అధ్యక్షురాలు నారాయణ నర్సింగ్

కళాశాల వారి సహకారంతో మహిళా దినోత్సవ సందర్భంగా శుభవారం నారాయణ నర్సింగ్ కళాశాలలో జరిగిన కార్యక్రమంలో క్షేత్ర ప్రధాన సహాయకులు పి పారిశుష్ట ముఖ్యఅధికారిగా పాల్గొన్నారు. కేంద్ర ప్రభుత్వం మహిళలకు అన్ని రంగాల్లో సహాయ సహకారాలు అందిస్తుందన్నారు. శాస్త్ర సాంకేతిక విద్య వైద్య ఉపాధి రంగాల్లో ప్రస్తుత కేంద్ర ప్రభుత్వం మహిళలకు రోడు ఉంది అన్నారు. వివిధ రోజుల్లో పాల్గొన్న విద్యార్థులకు బహుమతులు అందజేసారు. ఈ కార్యక్రమంలో కళాశాల డీన్ రాశ్మి దీపస, కుమారి, సిద్దబెల్లూరి వైద్య సహధర్మి, ప్రభుత్వ న్యాయవాది రమారేణి, పీవీయూడబ్ల్యుజే రాష్ట్ర కార్యదర్శి అయ్యలరామ్, లోకాలాల్ సభ్యులు హాజరైతారని మరియు విద్యార్థులు ఉపాధ్యాయి పెద్ద సంఖ్య లో పాల్గొన్నారు.

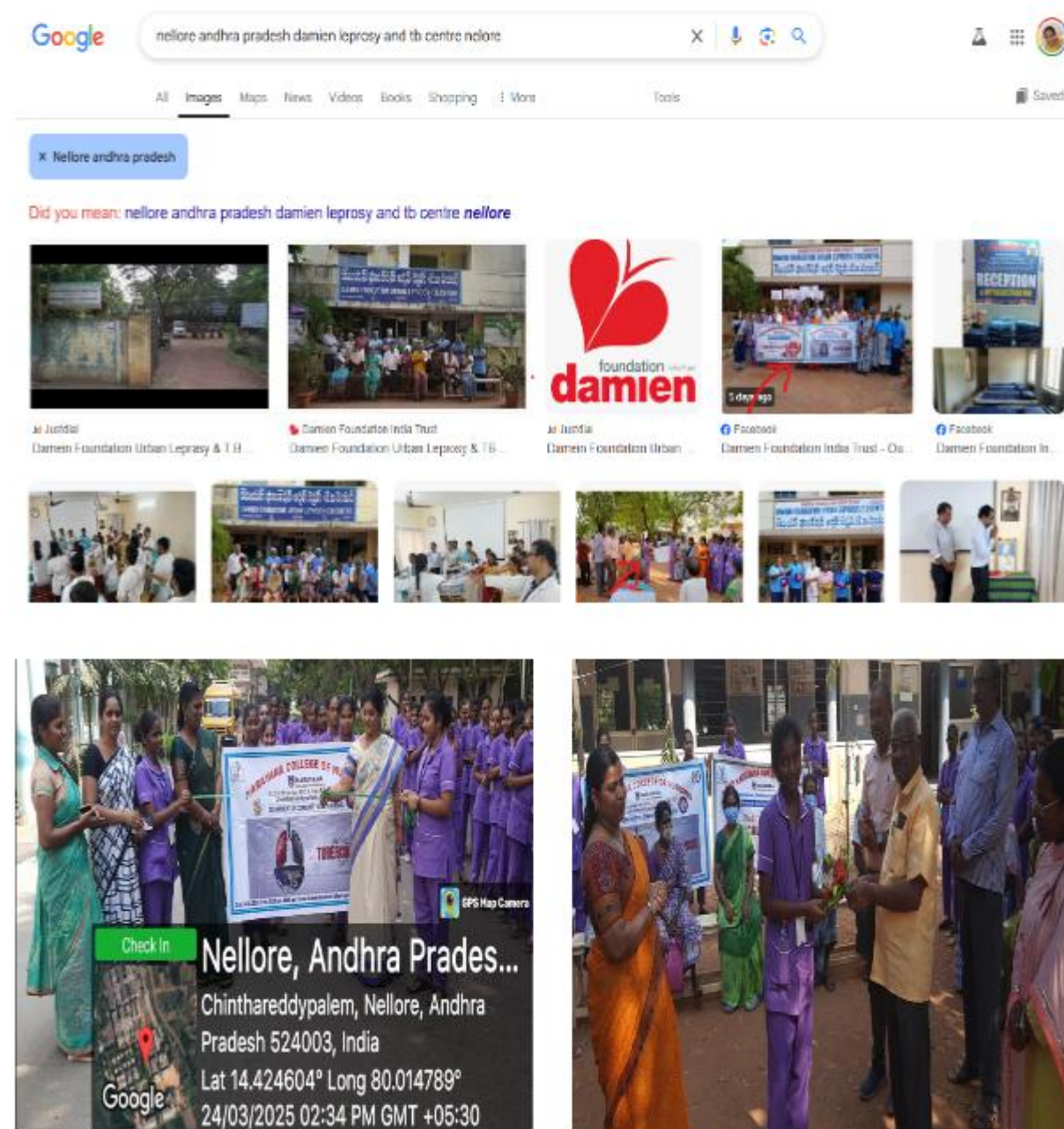
## WORLD TB DAY-2025

The NSS Unit of Narayana College of Nursing, in collaboration with the Community Health Nursing Department, observed World TB Day on 30th March 2025 at Damien Foundation Urban Leprosy and TB Centre, Nellore. The event aimed to raise awareness about TB prevention and treatment, with the active involvement of 50 NSS volunteers. A TB Day awareness rally was flagged off at Narayana College of Nursing by Dr. B. Vanaja Kumari, Principal, along with Dr. A. Latha and Mrs. S. Suchitra. The rally concluded at the TB Centre, where Dr. Kadher Valli, District Additional Medical Officer, was warmly welcomed as the Chief Guest by NSS volunteers.

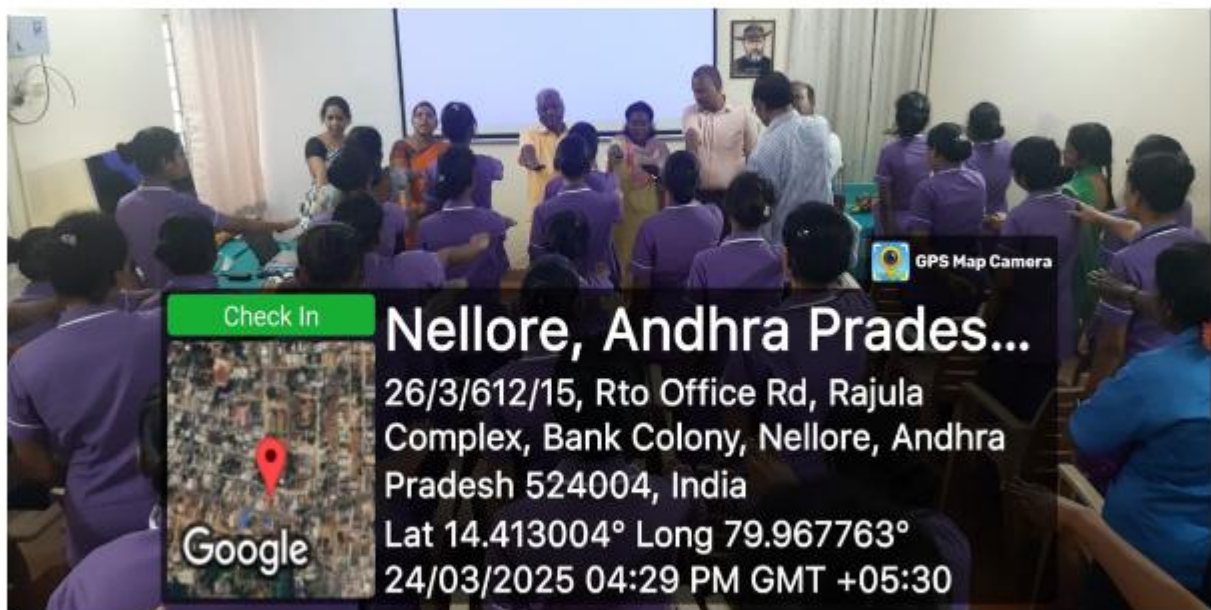
At the TB Centre, all attendees, including the chief guest, faculty, and volunteers, took a TB Day pledge to support the national fight against tuberculosis, promote awareness, encourage



early diagnosis, and help eliminate stigma surrounding the disease. The NSS volunteers provided **health education** to patients, covering signs, symptoms, treatment, and preventive measures related to TB. **Mrs. Sathish**, Project Manager, delivered an informative presentation on TB diagnosis and treatment methods. A **felicitation ceremony** was held to honor **Dr. Kadher Valli** for his dedicated service in public health. **Refreshments** were distributed to patients and volunteers. The program successfully enhanced awareness among the public and students, emphasizing community responsibility in TB control. The event concluded with the **National Anthem**, marking a meaningful observance of **World TB Day 2025**.











## ANNUAL GENDER SENSITIZATION ACTION PLAN – 2024-2025

S. No	Strategic goal	Target participants	Organized by	Action Plan	Proposed month
1	Gender sensitization program on <b>“Social impact on sexual assault victim and role of nurse on assault victim”</b>	Students	Women Empowerment Cell	Awareness on <b>“Social impact on Sexual assault Victim”</b>	19.03.2025
2	Gender sensitization program on <b>“Women Safety and Security”</b>	Faculty	Women Empowerment Cell	Awareness on <b>“Women Safety and Security”</b>	12.02.2025
3	Gender sensitization program on <b>“Cyber Crime”</b>	Faculty, Non teaching staff	Women Empowerment Cell	Awareness on <b>“Cyber Crime”</b>	10.12.2024
4	Gender sensitization program on <b>“ Internet Abuse”</b>	Students	Women Empowerment Cell	Awareness on <b>“ Internet Abuse”</b>	12.11.2024
5	Gender sensitization program on <b>“Carrier guidance”</b>	Students	Women Empowerment Cell	Awareness on <b>“Carrier guidance”</b>	15.10.2024
6	Gender sensitization program on <b>“ Elimination of discrimination of women”</b>	Students	Women Empowerment Cell	Awareness on <b>“ Elimination of discrimination of women”</b>	17.09.2024
7	Gender sensitization program on <b>“ Art of Living”</b>	Students	Women Empowerment Cell	Awareness on <b>“ Art of Living”</b>	12.08.2024
8	Gender sensitization program on <b>“Professionalism”</b>	Faculty	Women Empowerment Cell	Awareness on <b>“Professionalism in Nursing ”</b>	14.07.2024

## REPORT ON “SOCIAL IMPACT ON SEXUAL ASSAULT VICTIMS AND ROLE OF NURSE ON ASSAULT VICTIM” 19.03.2025

The Gender Sensitization Program on “Social Impact on Sexual Assault Victims and Role of Nurse on Assault Victim” was conducted on 19<sup>th</sup> March 2025 at the 2<sup>nd</sup> floor smart classroom of NCON for 85 students. The program was coordinated by Mrs. **T. Lalitha Kumari**, Associate Professor. Mrs. **T. Madhavi**, Chairperson, Child Welfare Committee, Nellore, was the resource person. She explained the social stigma faced by victims and emphasized psychological, emotional, and legal support. The vital role of nurses in providing care, empathy, confidentiality, and legal assistance was highlighted. The session was interactive and informative, concluding with a vote of thanks and the National Anthem.



## SOCIAL IMPACT ON SEXUAL ASSAULT VICTIMS AND ROLE OF NURSE ON ASSAULT VICTIM” 19.03.2025



### REPORT ON “WOMEN SAFETY AND SECURITY” ON 12.02.2025

A Gender Sensitization Program titled “Women Safety and Security” was conducted on 12<sup>th</sup> February 2025 at NCON in the 2<sup>nd</sup> floor smart classroom. The program was attended by 64 faculty members and coordinated by **Mrs. T. Lalitha Kumari**, Associate Professor. **Mrs. P. Ramadevi**, Public Prosecutor served as the resource person and shared valuable insights on women’s safety, legal provisions, and preventive measures. She emphasized the role of educators in promoting a safe and inclusive environment. The session included interactive discussions and case studies. The program concluded with a vote of thanks and the National Anthem.



### “WOMEN SAFETY AND SECURITY” ON 12.02.2025

**REPORT ON “CYBER CRIME” 10.12.2024**

A Gender Sensitization Program on “Cyber Crime” was conducted on 10<sup>th</sup> December 2024 at NCON in the 2<sup>nd</sup> floor smart classroom. The program was attended by 75 faculty and non-teaching staff and coordinated by **Mrs. T. Lalitha Kumari**, Associate Professor. **Mrs. Bhanusree**, Municipal Chairman of Nellore served as the resource person. She discussed various cybercrimes such as online harassment, phishing, identity theft, and cyber bullying, with special emphasis on women’s safety. Preventive measures, legal aspects, and safe online practices were highlighted. The interactive session enhanced awareness and promoted responsible digital behavior among participants.

**“CYBER CRIME” 10.12.2024**



**REPORT ON “INTERNET ABUSE” ON 12.11.2024**

A Gender Sensitization Program titled “Internet Abuse” was conducted on 12<sup>th</sup> November 2024 at NCON in the 2<sup>nd</sup> floor smart classroom. The program was attended by 98 students and coordinated by **Mrs. T. Lalitha Kumari**, Associate Professor. **Dr. Swetha**, Gynecologist at NMCH, Nellore, served as the resource person. She explained various forms of internet abuse such as cyber bullying, online harassment, identity theft, and misuse of digital content. The session highlighted psychological and health impacts, legal support, and safe online practices. Students actively participated in discussions. The program concluded with the National Anthem.

**“INTERNET ABUSE” ON 12.11.2024**

**REPORT ON “CAREER GUIDANCE” ON 15.10.2024**

A “Career Guidance” program was conducted on 15<sup>th</sup> October 2024 at NCON in the 2<sup>nd</sup> floor smart classroom with 98 students in attendance. The program was coordinated by **Mrs. T. Lalitha Kumari**, Associate Professor. **Dr. Vandana**, Professor and HOD, Narayana Dental College, was the resource person. She shared her professional journey and provided guidance on career options in healthcare and dentistry. Emphasis was placed on informed decision-making, identifying personal strengths, and overcoming gender stereotypes. The session was interactive, encouraging student participation. The program concluded with key insights on career confidence and a vote of thanks.

**“CAREER GUIDANCE” ON 15.10.2024**



**REPORT ON “ELIMINATION OF DISCRIMINATION OF WOMEN” 17.09.2024**

A Gender Sensitization Program on “Elimination of Discrimination of Women” was conducted on 17th September 2024 at NCON in the 2nd-floor smart classroom. The program was attended by 99 participants and coordinated by **Mrs. T. Lalitha Kumari**, Associate Professor. **Mr. A. Jayaprakash**, APUWJ, Nellore, was the resource person. He discussed various forms of gender discrimination affecting women in healthcare, education, and workplaces. Emphasis was placed on dismantling societal barriers, promoting equality, and understanding legal protections for women. The session encouraged active advocacy against discrimination. The program concluded with a vote of thanks and the National Anthem.

**“ELIMINATION OF DISCRIMINATION OF WOMEN” ON 17.09.2024**

**REPORT ON “ART OF LIVING” 12.08.2024**

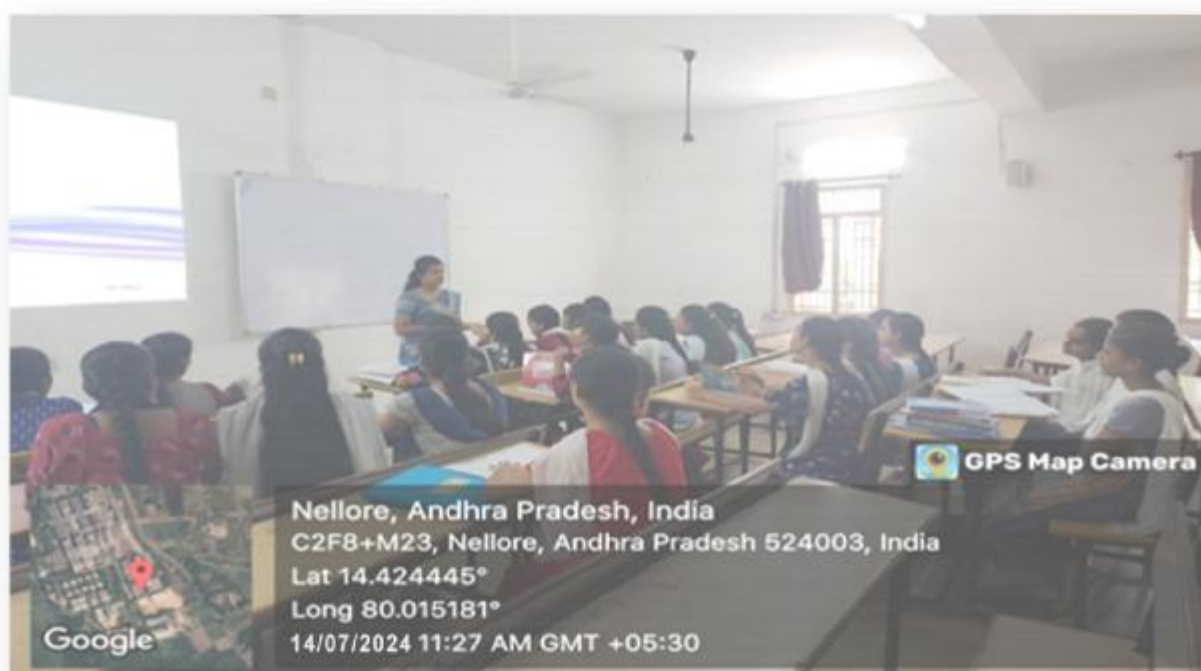
A Gender Sensitization Program on “Art of Living” was conducted on 12<sup>th</sup> August 2024 at NCON in the 2<sup>nd</sup> floor smart classroom. The program was coordinated by Mrs. **T. Lalitha Kumari**, Associate Professor, and attended by 100 students and faculty members. Mrs. **K. Lalitha**, HR Executive from NMCH, served as the resource person. She highlighted the importance of gender equality, emotional well-being, self-awareness, and respectful behavior in personal and professional life. The session included engaging discussions and practical examples, encouraging positive attitudes and inclusive practices. The program concluded with a vote of thanks and the National Anthem.

**“ART OF LIVING” 12.08.2024**



**REPORT ON “PROFESSIONALISM IN NURSING” ON 14.07.2024**

A Gender Sensitization Program on “Professionalism in Nursing” was conducted on 14<sup>th</sup> July 2024 at NCON in the 2<sup>nd</sup> floor smart classroom. The program was coordinated by **Mrs. T. Lalitha Kumari**, Associate Professor, and attended by 62 nursing students and faculty members. **Mrs. Ch. Sumalatha**, Senior HR Executive at NMCH, served as the resource person. She highlighted the importance of professionalism, ethics, and gender sensitivity in nursing practice. Emphasis was placed on equitable care, mutual respect, and equal opportunities for all nurses. The session promoted inclusive healthcare practices. The program concluded with a vote of thanks and the National Anthem.

**“PROFESSIONALISM IN NURSING” ON 14.07.2024**

## Green campus initiatives of the institution



## RESTRICTED ENTRY OF AUTOMOBILES

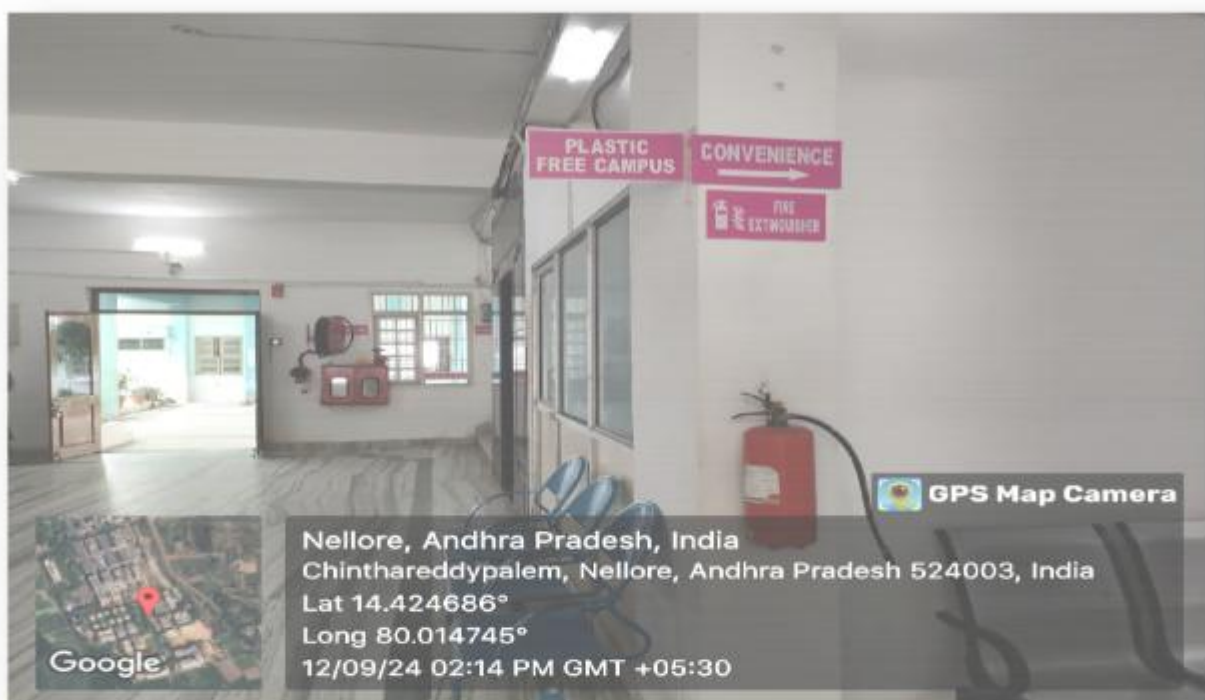


## USE OF BICYCLES/ BATTERY POWERED VEHICLES





### PEDESTRIAN – FRIENDLY PATHWAYS



### BAN ON PLASTIC USAGE



**LAND SCAPING WITH GREEN TREES AND PLANTS**





### LAND SCAPING WITH GREEN TREES AND PLANTS



## MEDICINAL PLANTS





## KITCHEN GARDEN

## Department Activities - 2024

S. No	Activities	Date of organization
1	World Suicide Prevention Day	10 <sup>th</sup> September each year
2	World Alzheimer's Day	21 <sup>st</sup> September each year
3	World Mental Health Day	10 <sup>th</sup> October each year

## World Suicide Prevention Day

Organized by : Narayana College of Nursing

Date : September 10, 2024

Venue : Smart Classroom

Narayana College of Nursing observed World Suicide Prevention Day to raise awareness about mental health and early intervention. The event began with a prayer song, welcome song, and lamp lighting ceremony led by **Dr. Vanaja Kumari**, Principal, and dignitaries. **Dr. Harshitha** provided insights into suicide prevention strategies, coping mechanisms, and resilience-building. Interactive case studies and discussions highlighted real-life scenarios and the role of healthcare professionals. **Dr. Anjani** delivered closing remarks, emphasizing a compassionate approach to mental health. The session concluded with a Q&A, vote of thanks, and national anthem, reinforcing the institution's commitment to mental health awareness.



**Dr. Vanaja Kumari**, Principal, and dignitaries. **Dr. Harshitha** and **Dr. Anjani Devi** provided insights into suicide prevention strategies



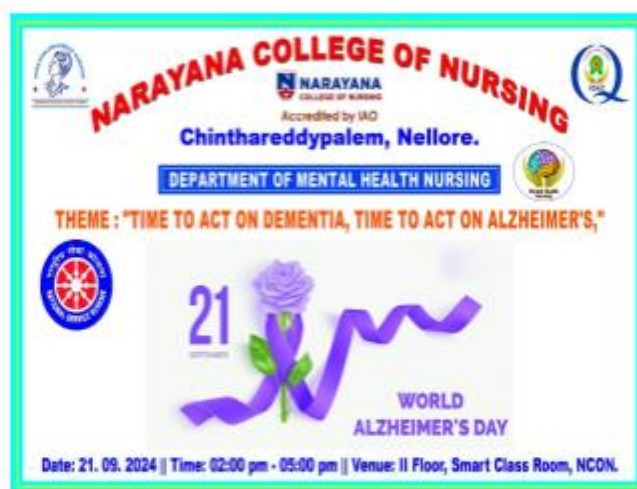
## World Alzheimer's Day

On 21st September 2024, Narayana College of Nursing observed World Alzheimer's Day with the theme **"Time to act on dementia, Time to act on Alzheimer's."** The program aimed to raise awareness about Alzheimer's disease and dementia, emphasizing their impact on individuals, families, and society. Faculty members, students, healthcare professionals, and community members participated in discussions on early signs, symptoms, management strategies, and caregiver support. Interactive sessions helped dispel myths and misconceptions surrounding Alzheimer's disease.

The event began at 2:00 PM with a Prayer Song, followed by a Welcome Song and Dance by students. The Welcome Address was delivered warmly, officially inaugurating the event. The Lighting of the Lamp symbolized the spread of knowledge and awareness.

Dr. B. Vanaja Kumari, Principal, Narayana College of Nursing, addressed the audience from 2:30 PM to 3:00 PM, introducing the theme and stressing the importance of early diagnosis, timely intervention, and caregiver support.

A guest lecture by Dr. Omprakash Swamin, Associate Professor, Mahatma Gandhi Nursing College, Jaipur, was the highlight of the event. He discussed risk factors, diagnostic tools, management strategies, and recent advancements in Alzheimer's research. He also emphasized the role of caregivers and healthcare professionals in improving the quality of life for dementia patients. The event concluded with a Vote of Thanks by Mrs. S. Suchithra, Assistant Professor. The National Anthem marked the end of the program, instilling unity and patriotism among attendees.



A guest lecture by Dr. Omprakash Swamin, Associate Professor, Mahatma Gandhi Nursing

## World Mental Health Day

Organized by: Department of Mental Health Nursing, Narayana College of Nursing

Date: October 10, 2024

Theme: Mental Health at Work

Narayana College of Nursing organized a webinar on World Mental Health Day to emphasize mental health awareness in workplaces. The event began with a pre-test, prayer song, and welcome address by Mrs. Lalitha Kumari. T. Dr. B. Vanaja Kumari inaugurated the session, followed by expert talks by Dr. P. Vijaya Lakshmi on stress management, coping strategies, and mental health promotion. An interactive Q & A session and post-test assessed participant learning. Feedback was overwhelmingly positive, highlighting the need for continued mental health initiatives. The webinar successfully raised awareness and provided valuable insights into workplace mental well-being.



Webinar on World Mental Health Day Mrs. Lalitha Kumari. T. Dr. B. Vanaja Kumari inaugurated the session, followed by expert talks by Dr. P. Vijaya Lakshmi on stress management, coping strategies, and mental health promotion.



## World Suicide Prevention Day

**Organized by:** Department of Mental Health Nursing and NSS Unit, Narayana College of Nursing

**Venue:** TP Gudur Govt Journey College and High School.

World Suicide Prevention Day is observed every year on 10th September to spread awareness about suicide prevention, reduce stigma, and promote mental health. The global theme for 2025, "Changing the Narrative on Suicide," emphasizes replacing silence and misconceptions with empathy, open discussion, and timely support. In connection with this occasion, the Department of Mental Health Nursing and NSS Unit of Narayana College of Nursing, in collaboration with TP Gudur Government Journey College and High School, organized a rally and awareness program.

**The program witnessed active participation from:**

- VI Semester B.Sc. Nursing students and II Year Post Basic B.Sc. & M.Sc. Nursing students, who took the lead in organizing activities.
- Faculty members from the Department of Mental Health Nursing Dr. Anjani Devi. N HOD. Mrs. T. Lalitha Kumari, Mrs. S. Suchithra NSS Programme Officer Mrs. T. Chandana, who guided and supervised the students.
- Students from Journey College and High School, who joined the awareness activities, adding community involvement to the event.

**Rally and Awareness Activities**

1. Rally: Students carried placards and banners, raising slogans on suicide prevention. The rally highlighted the need for early intervention, mental health support, and building awareness within the community.
2. Awareness Shows Short skits, role plays, and performances by nursing students illustrated the causes, warning signs, and preventive strategies for suicide. These shows emphasized the importance of supportive networks and reaching out for help.
3. Slogan Competition a slogan writing competition encouraged creativity and inspired messages of hope, resilience, and encouragement. Winners were recognized with certificates of merit.

## BREAST FEEDING REPORT 2025

World Breastfeeding Week 2025 was celebrated at Narayana College of Nursing from 01/08/2025 to 07/08/2025 with the aim of creating awareness about the importance of breastfeeding and promoting sustainable support systems for mothers.



On 01/08/2025, an awareness program was conducted in the Postnatal Ward of Narayana Medical College Hospital. Faculty members provided health education on the importance of breast milk, benefits of breastfeeding, correct techniques, postnatal diet, and proper breastfeeding positions. Demonstrations were given to enhance understanding, and around 60 postnatal mothers actively participated.





On 02/08/2025, the program was held in the Obstetrics Ward, where IV year B.Sc Nursing students delivered a PowerPoint presentation on the importance of breastfeeding, types of breast milk, and feeding positions under faculty guidance. Approximately 60 participants attended the session. On the same day, a spot essay writing competition was organized at the college.



On 04/08/2025, an awareness session was conducted in the Paediatric Ward/Counselling Room, focusing on breastfeeding techniques and postnatal diet. I M.Sc Nursing students conducted demonstrations, and faculty members emphasized nutritious food, green leafy vegetables, and omega fatty acids. About 40 mothers attended.



On 05/08/2025, a demonstration on breastfeeding positions using models was conducted in the Antenatal/Postnatal Ward. Faculty members explained the benefits of breastfeeding, feeding positions, and postnatal dietary practices. Nearly 40 postnatal mothers participated.



On 06/08/2025, a community-based awareness program was conducted at Thotapalli Gudur. Nursing students performed a skit highlighting the benefits of breastfeeding and the importance of family and community support. Around 40 postnatal mothers attended.



On 07/08/2025, the valedictory function was held at the Narayana College of Nursing auditorium. The program included a prayer, welcome address, lamp lighting by dignitaries, skit performance, prize distribution, vote of thanks, and national anthem, marking the successful completion of World Breastfeeding Week 2025.





## CERVICAL CANCER AWARENESS PROGRAMME

Venue: Venkatachalam, Nellore

Date: 02-01-2025

Time: 09-12 pm

Target group: Peri and post menopausal women

Program: "Cervical cancer awareness programme"

### CERVICAL CANCER AWARENESS PROGRAMME

On January 02, 2025, the Department of OBG Narayana College of Nursing organized an event titled "Cervical Cancer Awareness Programme" at Venkatachalam. The initiative aimed to save millions of lives each year through education and raising awareness about the importance of early detection and timely treatment of cervical cancer. Faculty members and Fourth year students actively participated, engaging the community through informative sessions, discussions, and demonstrations on recognizing early signs of cancer and understanding screening methods. Educational materials were distributed to empower attendees with knowledge about cervical cancer prevention and treatment options. The event successfully encouraged community members to prioritize their health and advocate for proactive measures against cervical cancer, contributing to a more informed and health-conscious society. 30 participants and are benefited through this program.



Explanation by 4<sup>th</sup> year B.Sc Nursing Students and Faculties

## REPORT ON

## SEXUAL AND REPRODUCTIVE HEALTH AWARENESS PROGRAMME

Venue: ZPP High School Venkatachalam, Nellore

Date: 12-02-2025

Time: 10-12pm

Target group: School Childrens

Program: "Sexual and Reproductive Health awareness programme"

On February 12, 2025, the Department of OBG Narayana College of Nursing organized an event titled "Sexual Reproductive Health Programme" at ZPP High School Venkatachalam, Nellore. The initiative program aimed to give awareness about the sexual and reproductive health and also the content got included about menstrual hygiene, Faculty members and Fourth year students actively participated, engaging the Students through informative sessions, discussions, and skit performed about menstrual hygiene. The event successfully encouraged community members to prioritize their Reproductive health. From ZPP High school 8<sup>th</sup> standard students 50 were participated in this awareness program.



Explanation by Mrs. T. Usha Kiran about Menstrual cycle and Reproductive Health



### AN ANTENATAL AWARENESS PROGRAM ON HIGH-RISK PREGNANCY

Venue: General First Floor, Narayana Medical College Hospital

Date: 29-09-2025

Time: 03-04pm

Target group: Antenatal mothers

Program: "Swasth Nari Sashakt Parivar Abhiyaan"

"An Antenatal Awareness Program on High-Risk Pregnancy" was conducted on 29th September 2025 by "Narayana College of Nursing, OBG Department" at the General First Floor, Narayana Medical College Hospital under the initiative of "Swasth Nari Sashakt Pariwar Abhiyaan". A total of 30 antenatal women participated in the program. The session was organized with the objective of creating awareness among expectant mothers regarding the signs, symptoms, and preventive measures of high-risk pregnancy. **Mrs. T. Usha Kiran**, HOD of OBG Nursing, and **Mrs. L. Haritha** delivered detailed explanations on the topic of high-risk pregnancy, highlighting important warning signs, complications and diet must followed during pregnancy, and the significance of timely medical care. **Ms. Velangini** and **Ms. Hemalatha** distributed informative pamphlets on the signs of high-risk pregnancy to all participants. And a skit was performed by 6<sup>th</sup> semester B.Sc nursing students about high risk signs of pregnancy. The program was well-received, and the attending women expressed their happiness and satisfaction. They felt more confident and motivated to take better care during their pregnancy.



**Explanation by Mrs. T. Usha Kiran HOD of OBG Nursing, Mrs. L. Haritha associate professor and Pamplets distribution by Ms. Velangini and Ms. Hemalatha**

## HEALTH EDUCATION ON DANGER SIGNS IN PREGNANCY

Venue: Thotapalligudur

Date: 01-10-2025

Time: 09-11am

Target group: Antenatal mothers

Program: "Swasth Nari Sashakt Parivar Abhiyaan"

**"An health education program on danger signs in pregnancy"** was conducted on 01<sup>st</sup> October 2025 by **"Narayana College of Nursing, OBG Department"** at the Thotapalligudur, under the initiative of **"Swasth Nari Sashakt Pariwar Abhiyaan"**. A total of 45 antenatal women and newly married women were participated in the program. The session was organized with the objective of creating awareness among expectant mothers regarding the Danger signs in pregnancy, and preventive measures of high-risk pregnancy. **Mrs. T. Usha Kiran**, HOD of OBG Nursing, and **Ms. Velangini** delivered detailed explanations on the topic danger signs in pregnancy detection and its preventive measures and also about the significance of timely medical care. And a skit was performed by 4<sup>th</sup> year B.Sc nursing students about early detection of danger signs in pregnancy. The program continued for two hours and the expectant mothers raised few doubts and clarified by staff and they felt happy and satisfied for the active participation of the programme they were motivated to take better care during pregnancy.



Health Education was given by Mrs. T. Usha Kiran and Ms. Velangini



## FACULTY DEVELOPMENT PROGRAM

### 1. Topic: Mind Mapping Workshop

Date: 27-06-2024 to 29-06-2024



**Mind Mapping Workshop**

### 2. Topic: Cyber Security in Nursing

Date: 26-09-2024 to 28-09-2024



**Cyber Security in Nursing**

**3. Topic: Mentor-Mentee Guidance for Holistic Development of the Students**

Date: 28-11-2024 to 30-11-2024



**Mentor - Mentee Guidance for Holistic Development of the Students**



## **PROFESSIONAL DEVELOPMENT PROGRAM**

### **Teaching**

1. Topic: Building Advanced Research skills

Date: 15.06.2024



2. Topic: Incorporating inter professional Education

Date: 17.08.2024



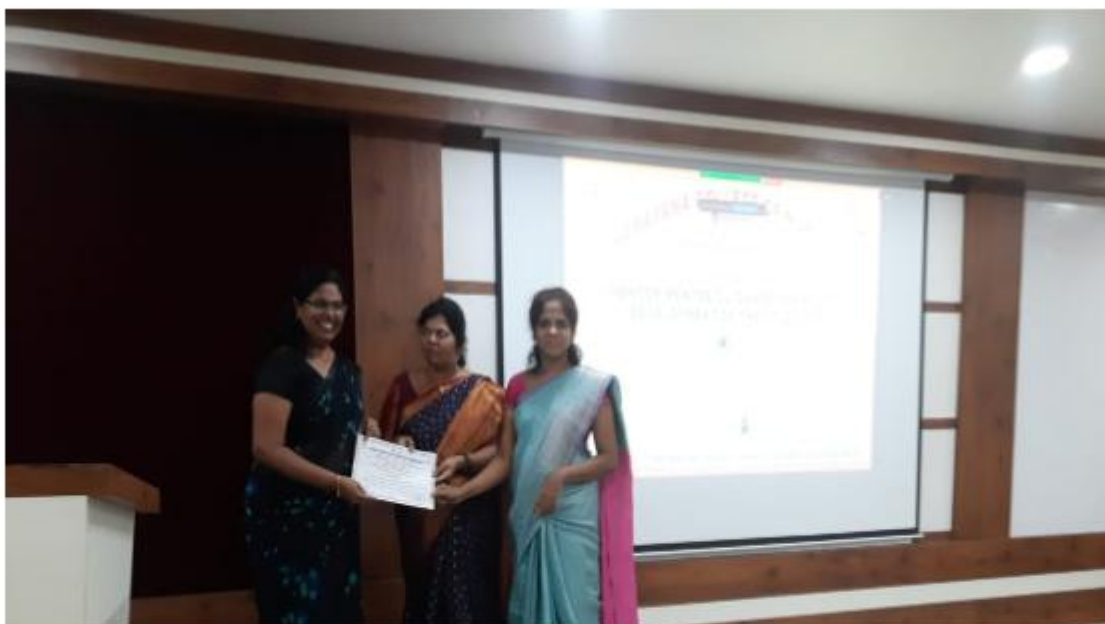
**3. Topic: Supporting student mental health and resilience**

Date: 19.10.2024



**4. Topic: Conflict Resolution**

Date: 21.12.2024





## PROFESSIONAL DEVELOPMENT PROGRAM Non-Teaching

1. Topic: Policy implementation

Date: 20.07.2024



2. Topic: Regulatory compliance

Date: 21.09.2024



**3. Topic: Professional Ethics and Work Place Culture**

Date: 16.11.2024



**4. Topic: Documentation**

Date: 18.01.2025





5. Topic: Digital Record Keeping  
Date: 15.02.2025



6. Topic: Using Analytic for Decision making  
Date: 15.03.2025



## CONFERENCE REPORT

The National Conference held on 06e and 07h November 2025 at **Dr. A.P.J. Abdul Kalarn** Auditorium, Narayana Medical College, Nellore organized by Narayana College of Nursing, Chinthareddypalem, Nellore, stood out as a vibrant celebration of learning, leadership, and service. Guided by the inspiring theme, "Navigating Landscape of Nursing: Innovations, Challenges and Future Directions", the conference brought together Nursing students, Faculty, Nursing Leaders, and Healthcare administrators to discuss, reflect, and celebrate the journey of student nurses in shaping the future of healthcare.

The grandeur of the event, marked by the presence of eminent dignitaries **Dr. P Sreenivasulu Reddy** Garu, Dean, **Dr. R. Viswa Kumar**, Vice Principal and HOD Biochemistry, **Dr. P. Narasimha Reddy**, Academic Director, **Mr. D. V. Rama Rao**, Manager Operations, **Dr Sreenivasulu Munna**, Principal, Narayana Pharmacy College, **Dr Sreekar Kumar Reddy R**, Principal, Narayana College of physiotherapy and APNMC Observer **Mrs. K. N. Sathyanaraya Bai** made it a truly memorable occasion.

### Day 1 - 06<sup>th</sup> November 2025

The conference commenced with Registration process which was started at 8.00 am under the supervision of **Prof. P. Shanmuga Vadivu**, Professor & HOD of Child Health Nursing, served as chairperson for this session. The total number of delegates/participants registered from various Nursing colleges throughout India was

#### Registration Details

S No	Category	Online	Spot Registration	Total
1	UG Students	504	39	543
2	PG Students	25		25
3	Ph.D. Scholars	36		36
4	Faculty	96	20	116
5	Total	661	59	720

Participants attended - Online: 182, Physical 523

Total number of colleges registered were 47 throughout India.

#### Inaugural Session (09:00 AM- 09:30 am)

The program began with a devotional invocation by the students of Narayana College of Nursing, Nellore. Their harmonious voices created a serene atmosphere, invoking divine blessings for the success of the conference.



The cultural tone of the conference was set by the students of Narayana College of Nursing, Nellore who performed a traditional welcome dance. Their graceful movements symbolized cultural heritage and the spirit of hospitality, setting an inspiring note for the day.

**Associate Professor G. Thejovathi**, Narayana College of Nursing, extended a warm welcome to the Chief Guest, Guests of Honor, dignitaries, and participants. The welcome address highlighted the importance of unity, dedication, and innovation in the Nursing profession.

A solemn moment followed as the Chief Guest, Guests of Honor, and dignitaries light the ceremonial lamp, symbolizing the eternal flame of knowledge, service, and compassion in Nursing.

**Note:** Pretest was conducted between 9.00 am to 9.10 am generating Google form and QR code <https://forms.gle/EuWbP8chA42yr3R37>

**Keynote address and unveiling of theme: 10.20 am to 10.40 am**

**Dr. B. Vanaja Kumari**, Principal, Narayana College of Nursing, Nellore, inspired the gathering with her keynote address and unveiled the theme. She spoke about the transformative changes in Nursing education, the need for research-oriented learning, and the responsibility of Nurses to adapt to global healthcare standards. Her interaction made the students to embrace technological advancements in Nursing while upholding values of compassion and patient- centered care.

The concluding session of the inauguration was as grand and engaging, marked by cultural splendor, academic insights, and reflections on enriching activities and ended with Vote of thanks by Assoc. Professor, G. Thejovathi.

**Tea Break: 10.40 am to 10.50 am**

**Sessions by Resource persons: 10:50 am to 04:20 pm including lunch break between 1.15 pm to 2.15 pm.**

**10:50 am - 11:30 am: Session 1**

**Topic:** Workforce Dynamics in Nursing

**Speaker:** Dr. C.R. Shamsheer Begum

**Moderator:** Dr. A. Latha

The session focused on global nursing workforce trends, skill gaps, and strategies for staff retention.

**11:30 am – 12:15 pm: Session 2**

**Topic:** Emphasis on Holistic and Preventive Care

**Speaker:** Dr. T. Jayanthi

**Moderator:** Mrs. G. Thejovathi

Dr. Jayanthi highlighted the importance of integrating preventive and wellness-based nursing care in community and hospital settings.

**12:15 pm – 01:15 pm: Session 3**

**Topic:** Nursing Ethics and Emerging Challenges

**Speaker:** Dr. R. Vijayalakshmi

**Moderator:** Prof. Usha Kiran

The talk addressed ethical dilemmas, patient confidentiality, and moral responsibility in complex clinical environments.

**02:15 pm – 03:15 pm: Session 4**

**Topic:** Focus on Diversity, Equity, and Inclusion in Nursing Practice

**Speaker:** Prof. Ch. Benajeer Israel

**Moderator:** Mrs. Pratima V

Prof. Israel emphasized the need for culturally competent care and inclusiveness in healthcare delivery.

**03:15 pm - 04:15 pm: Session 5**

**Topic:** Impact of Health Crises

**Speaker:** Dr. K. Sugandhi

**Moderator:** Mrs. T. Lalitha Kumari

The session examined lessons learned from pandemics and the resilience of nursing professionals during crises.

**04:30 pm – 05:00 pm: Debate on Conference Theme**

**Topic:** “Changing Landscape of Nursing: Innovations, Challenges and Future Directions”

**Moderator:** Assoc. Prof. G. Thejovathi

**Debate:**

- **Swathi College of Nursing - 2 participants (One Group)**
- **Narayana College of Nursing - 4 participants (Two Groups)**

The debate encouraged critical thinking and student engagement on the future direction of nursing practice.

The winners of 1st prize in Debate Mr. Ricky and Mr. Rahul from Swathi college of Nursing, Nellore and 2<sup>nd</sup> prize Ms. Ruchitha and Ms. T. Navya.

**Note:** Scientific paper presentation was conducted between 2.00 pm to 4.00 pm in two areas (smart class room and seminar hall in the premises of Narayana College of Nursing, Nellore)



1<sup>st</sup> prize awardee - Dr. C. Megiline Bose

2<sup>nd</sup> prize awardee – Dr. Roja .Ch

3<sup>rd</sup> prize awardee – Mrs. Mayuri Rabari

**Day 2 – 7th November 2025: 09.00 am to 9.30 am**

The second day of the National Conference on “Navigating Landscape of Nursing: Innovations, Challenges and Future Directions” commenced with a Welcome Session led by Prof. T. Usha Kiran, who warmly welcomed the Chief Guest, Prof. K. Susila, Registrar, APNMC, Andhra Pradesh, along with delegates.

Prof. K. Susila, Registrar, APNMC, Vijayawada, welcomed the dignitaries and participants appreciating the collective spirit that ensured the success, emphasized the transition towards holistic, patient-centred nursing practice

**Sessions by Resource persons: 09.30 am to 3.00pm including Tea break (10.30 am to 10.50 am) and lunch break between 1.00 pm to 2.00 pm.**

**09:30 am – 10:30 am: Session 6**

**Topic:** Shift from Task-Based Roles to Comprehensive Care

**Speaker:** Dr. A. Ashok

**Moderator:** Mrs. N. Subhashini

The talk explored holistic care approaches and inter-professional collaboration.

**10:50 am - 11:50 am: Session 7**

**Topic:** Globalization of Nursing

**Speaker:** Dr. Jasmi Johnson

**Moderator:** Dr. Anjani Devi

Dr. Johnson discussed global mobility, international standards, and cross-border nursing education.

**11:50 am - 01:00 pm: Session 8**

**Topic:** Technological Advancements in Nursing

**Speaker:** Dr. Penchalaiah P.

**Moderator:** Mrs. G. Pavithra

Focus on integrating digital tools, simulation, and AI in modern nursing practice.

**02:00 pm - 03:00 pm: Session 9**

**Topic:** Expanding Leadership Roles and Advocacy

**Speaker:** Prof. V. Aruna Kumari

**Moderator:** Prof. Shanmugavadivu

Prof. Aruna Kumari emphasized the importance of leadership, mentorship, and policy advocacy in nursing.

#### **Quiz and E-Poster: 03.00 pm to 3.45 pm**

The afternoon featured an exciting Quiz and E-Poster Presentation, coordinated by **Assoc. Prof. Pratima. V** and **Prof. T. Lalitha Kumari**, showcasing the participants' knowledge and creativity.

#### **Quiz competition winners:**

##### **1<sup>st</sup> Prize - Swathi College of Nursing, Nellore**

1. Mr. K. Raju
2. Mr. V. Ricky
3. Mr. K. Venkatesh
4. Mr. P. Rahul
5. Mr. N. Vasanth

##### **2<sup>nd</sup> Prize: Narayana College of Nursing, Nellore**

1. Ms. P. Swapna
2. Ms. B. Sivaleela
3. Ms. SK. Kasifa
4. Ms. A. Shivanjali
5. Ms. Cristina Sebastian

#### **E-Poster winners:**

1<sup>st</sup> Prize - Mrs. K. N. Satyanarayan Bai, Govt. College of Nursing, Guntur

2<sup>nd</sup> Prize - Mr. K. Venkatesh, Swathi College of Nursing, Nellore

3<sup>rd</sup> Prize - Mrs. N. Subhashini, Narayana College of Nursing, Nellore

#### **Valedictory Session (04:00pm - 04:50 pm)**

The concluding session of the conference was as grand and engaging as the inaugural, marked by cultural splendor, academic insights, and reflections on two days of enriching activities.

The Valedictory Function was graced by **Dr. V. Sujatha**, DM & HO, Nellore, as Chief Guest, and presided over by **Prof. T. Usha Kiran** and **Assoc. Prof. G. Thejovathi**. Once again, the students of Narayana College of Nursing, Nellore offered a soulful invocation, blessing the closing proceedings of the conference.

A mesmerizing classical dance by the students of Narayana College of Nursing, Nellore, enthralled the audience and set a festive tone for the evening. The Chief Guest,



Guests of Honor, Special Invitees, Judges, Chairpersons, Co-Chairpersons, and members were felicitated by the chairperson and organizing secretary of the conference, recognizing their continuous support and encouragement to the Nursing fraternity.

The Conference Committee specially appreciated Vijayam Publishers, JP Publications, Pearson and Nightingale Publishers for their selfless contributions towards the success of the event. As a gesture of encouragement, the publishers sponsored sets of books for students who won the competitions as token of goodwill. This thoughtful initiative added value to the conference and was well received by the participants.

Knowledge Level	Pre-Test	Pre-Test (%)	Post-Test	Post-Test (%)
<b>Below Average (&lt;16)</b>	252	34.7%	42	5.8%
<b>Average (16–20)</b>	331	46%	290	40.2%
<b>Above Average (&gt;20)</b>	137	19.3%	388	54%
<b>Total</b>	<b>720</b>	<b>100%</b>	<b>720</b>	<b>100%</b>

Winners of various competitions held as part of the conference were awarded. The prizes celebrated the diverse talents of nursing students and recognized their commitment to both academics and extracurricular excellence. **Dr. B. Vanaja Kumari** presented a detailed conference report, summarizing the proceedings of both days. The report highlighted the active participation of Student Nurses, the inspiration drawn from dignitaries' speeches, and the professional exposure gained during the sessions and she highlighted the knowledge gained by participants.

**Assoc. Prof. G. Thejovathi**, proposed the final vote of thanks, expressing gratitude to all those who contributed to the success of the conference.

The valedictory session concluded with the National Anthem, marking the end of a memorable and inspiring two-day event.

## Glimpse of Conference



Welcome Dance to welcome the Gathering



Keynote Address by Dr. Vanaja Kumari Principal





**Felicitation to Dr. B. Vanaja Kumari, Principal**



**Session 1 on Workforce Dynamics in Nursing by Dr. C.R. Shamsheer Begum**



**Felicitation to Dr Jayanthi, Speaker on the topic of Emphasis on Holistic and Preventive Care**



**Felicitation to Dr Jayanthi, Speaker on the topic of Impact of Health Crises**





**Debate by IV Semester students, Narayana College of Nursing**



**Debate by VI Semester students, Swathi College of Nursing**



**Felicitation to Dr Ashok, Speaker on the topic of Shift from Task-Based Roles to Comprehensive Care**



**Felicitation to Dr. Ashok, Speaker on the topic of Expanding Leadership Roles**





Lamp lighting on the 2<sup>nd</sup> day by the Chief guest Prof K. Susila Garu, Registrar APNMC



Felicitation to Prof Susila Garu, APNMC Registrar



**The faculty of Narayana College of Nursing**



**Felicitation to Dr Panchalaiah, Speaker on the topic of Technological Advancements in Nursing**





**Winners of Quiz Competition, Swathi College of Nursing**



**Runners of Quiz Competition, Narayana College of Nursing**



**Felicitaton to Chief Guest Dr. Sujatha Garu, DMHO, Nellore**







**Felicitation to Mrs. KN Sathayanarayana Bai, Garu, APNMC Observer**

## Conclusion

The findings of the pre-test and post-test clearly demonstrate a substantial improvement in the knowledge levels of nursing participants following the intervention aligned with the theme **“Navigating the Landscape of Nursing: Innovations, Challenges, and Future Directions.”** Initially, a considerable proportion of participants (34.7%) fell under the below-average knowledge category, reflecting existing gaps in understanding contemporary nursing concepts and practices. However, after exposure to innovative educational strategies and discussions addressing current challenges and future directions in nursing, this proportion markedly declined to 5.8%. Simultaneously, there was a significant rise in the above-average knowledge group from 19.3% in the pre-test to 54% in the post-test, indicating enhanced comprehension, critical thinking, and readiness to adapt to evolving healthcare demands.

Overall, the shift in knowledge distribution highlights the effectiveness of focused educational interventions in empowering nurses with updated knowledge and competencies. The results underscore the importance of continuous professional development to equip nurses to navigate innovations, overcome challenges, and actively contribute to the future advancement of the nursing profession.

## హోదా శుభాకాంక్షలు

డా || ఎన్టీఆర్ ఆరోగ్య విజ్ఞాన విశ్వవిద్యాలయం శ్రీమతి ప్రొఫెసర్ చదలవాడ శ్రీలక్ష్మి మెమోరియల్ గోల్డ్ మెడల్ విన్నర్స్



గవర్నర్, విశ్వవిద్యాలయ కులపతి జస్టిస్ ఎస్. అబ్దుల్ నజీర్, నేషనల్ హార్డ్ ఇన్స్టిట్యూట్ సీఈవో డా || ఓ.పి. యాదవ్ చేతుల మీదుగా మెడల్స్ అందుకున్నారు.

యాజమాన్యం మరియు సిబ్బంది

## నారాయణ విద్యార్థినులకు బంగారు పతకాలు

నెల్లూరు (స్టాన్ హౌస్ పేట), న్యూస్ టుడే: డాక్టర్ ఎన్టీఆర్ ఆరోగ్య విజ్ఞాన విశ్వవిద్యాలయ స్థాయిలో నారాయణ నర్సింగ్ కళాశాల విద్యార్థులు ఇద్దరు బంగారు పతకాలు సాధించారు. షాలు మేరీషాజి, కె.మౌనిక బీఎస్సీ, ఎమ్మెస్సీ నర్సింగ్ విభాగంలో విశ్వవిద్యాలయం స్థాయిలో మొదటి స్థానం సాధించి చదలవాడ శ్రీలక్ష్మి మెమోరియల్ బంగారు పతకాలు అందుకున్నారు.



షాలు మేరీషాజి.. కె.మౌనిక

మంగళవారం జరిగిన స్నాతకోత్సవంలో రాష్ట్ర గవర్నర్, విశ్వవిద్యాలయ కులపతి జస్టిస్ ఎస్. అబ్దుల్ నజీర్, నేషనల్ హార్డ్ ఇన్స్టిట్యూట్ సీఈవో డాక్టర్ ఓపీ యాదవ్ నుంచి ఈ పతకాలను అందుకున్నారు. వీరిని కళాశాల ప్రెసిడెంట్ డాక్టర్ వనజకుమారి, నారాయణ వైద్య విద్యసంస్థల డీన్ డాక్టర్ పి. శ్రీనివాసులరెడ్డి, కోఆర్డినేటర్ డాక్టర్ బిజురవీంద్రన్, టీచింగ్ సిబ్బంది అభినందించారు.



## విద్యార్థినుల ప్రతిభ



నెల్లూరు(అర్బన్): నగరంలోని నారాయణ నర్సింగ్ కళాశాలలో ఎమ్మెస్సీ నర్సింగ్ విద్యార్థినులు షాలు మేరీషాజీ, కె.మౌనిక ఎస్టిఆర్ ఆరోగ్య విశ్వవిద్యాలయ స్థాయిలో మొదటి స్థానంలో నిలిచి ప్రాఫెసర్ చదలవాడ శ్రీలక్ష్మి మెమోరియల్ గోల్డ్ మెడల్ ను సాధించారు. రెండు రోజుల క్రితం విజయవాడలో విశ్వవిద్యాలయ 28వ స్నాతకోత్సవం సందర్భంగా రాష్ట్ర గవర్నర్ అబ్దుల్ నజీర్, నేషనల్ హార్డ్ ఇన్ స్టిట్యూట్ సీఈఓ డాక్టర్ ఓపీ యాదవ్ చేతుల మీదుగా వారు గోల్డ్ మెడల్స్ అందుకున్నారు. విద్యార్థినులను గురు వారం నారాయణ ఆస్పత్రిలో యాజమాన్యం ప్రత్యేకంగా అభినందించింది.